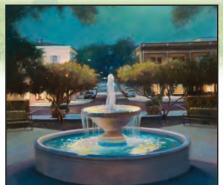
Winter Park

Baldwin Park | College Park | Audubon Park | Maitland



13 Going On 30



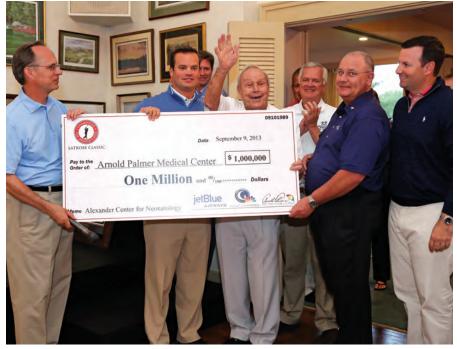
Winter Park Autumn **Art Festival** Guide



Newest Faces In **Fashion**

For updated news, events and more, visit www.TheParkPress.com

\$1 Million Commitment To Help **Central Florida's Miracle Babies**



The Latrobe Classic raised more than \$200,000 in its inaugural year. The amount put JetBlue Airways, Golf Channel, and Bay Hill Club & Lodge well on their way to fulfilling a commitment to raise \$1 million over the next five years through the golf tournament, which is held at Arnold Palmer's home course in Latrobe, Pennsylvania. In the photo (L to R): Dave Barger, president and CEO of JetBlue Airways, Mike McCarley, president of Golf Channel, Arnold Palmer, John Bozard, president of Arnold Palmer Medical Center Foundation, and Ray Easler, vice president of hospitality and operations for Arnold Palmer Companies, and Greg Palmer, vice president of GolfNow.

JetBlue Airways, Golf Channel, and Arnold Palmer's legacy of caring and compassion." Palmer's Bay Hill Club & Lodge have teamed up to raise \$1 million over the next five years to help save the lives of Central Florida's tiniest babies.

The three organizations played an integral role in helping to inaugurate the Champions for Arnold's Kids Latrobe Classic, hosted by golf Latrobe Classic continues to build on his legacy legend Arnold Palmer at his home course in Latrobe, Pennsylvania on September 9, 2013.

The Latrobe Classic began with a charter flight provided by JetBlue Airways from Orlando to Latrobe, where Palmer welcomed participants to play a round of golf organized by Golf Channel at the Latrobe Country Club. Palmer hosted flight to Latrobe. In its inaugural year, the event raised more than \$200,000; and Dave Barger, chief executive officer of JetBlue Airways, and Mike McCarley, president of Golf Channel announced the commitment by the three organizations to raise \$1 million over the next five years to help expand the neonatal intensive care unit at Winnie Palmer Hospital for Women & Babies.

"It is amazing to see the work that takes place within the NICU at Winnie Palmer Hospital," said Barger. "We are honored to be part of the Latrobe Classic and associated with Arnold Palmer and impact the lives of so many families who are cared for by Arnold Palmer Medical Center."

"Over the years, the Palmer name has become and children as it is with golf," said McCarley. "We're proud to be a part of the Latrobe Classic and help build an event that furthers Arnold through the Latrobe Classic.

"Mr. Palmer has made an indelible mark here in Central Florida through events like the Arnold Palmer Invitational Presented by MasterCard," said Ray Easler, vice president of hospitality and operations for Arnold Palmer Companies. "The of ensuring that women and children throughout Central Florida receive the best healthcare."

Palmer's passion for women's and children's health is especially evident in the Alexander Center for Neonatology, a 112-bed neonatal intensive care unit (NICU) dedicated to treating the smallest and most fragile babies born at Winan awards reception coordinated and managed nie Palmer Hospital - the hospital that bears by the Bay Hill Club & Lodge for the 120 peo- the name of Mr. Palmer's late wife. The NICU: ple who took the early-morning JetBlue charter is currently undergoing a \$13-million expansion that will add 30 beds, making it the largest in the country.

> John Bozard, president of the Arnold Palmer Medical Center Foundation, knows relationships with organizations like JetBlue Airways, Golf Channel, and Bay Hill Club & Lodge are critical to the continued success of the hospitals. Bozard recalled, "When Arnold Palmer first visited the NICU, it was a small room with about six beds, and he said 'we can do better.' That has stayed with everyone at Arnold Palmer Medical Center to this day and we are glad to have these three great organizations join us as we extend that commitment to do more for our kids and their families, and continue to do better."

At the conclusion of the Latrobe Classic as synonymous with quality care of women awards reception, Barger, McCarley, and Easler presented a \$1,000,000 check to Arnold Palmer as a sign of their organizations' commitment

Hotel Proceeds To Fund Innovative Philanthropic Business Model

The financial challenges facing higher education institutions throughout the country are being addressed in a new and innovative way by one liberal arts college. Rollins College in Winter Park recently built a hotel with net operating income designated for a permanently endowed scholarship fund.

The \$30-million initiative, including a generous \$12.5-million gift from the Harold Alfond Foundation, entails the construction of the 112room Alfond Inn, a boutique hotel that opened in August 2013. The Inn, located a block from campus, not only meets a community need for lodging and conference space, but also provides full scholarships (tuition, room and board) for top students through The Alfond Scholars program — the college's premier scholarship fund.

Net operating income from the Inn will be directed to the scholarship fund for the next 25 years or until the endowment principal reaches \$50 million, whichever comes later. The Alfond



The Alfond Inn

Inn's annual net proceeds are expected to reach up to \$3 million. To pay for the remaining \$17.5 million in building expenses, Rollins used cash reserves in the form of an internal loan.

"One of the most exciting aspects of this gift

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FROM THE PUBLISHER The Park Press | OCTOBER 2013

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Publisher's Message



RICK CABLE

Fall is now in full swing which means the beginning of some of the best seasonal climate in the world. And of course, event planners have long known that if you plan events this time of year, the people will come. This is quite simply my favorite time of year!

I encourage you to check out this month's calendar and start planning your schedules now. Many of the events coming up this month are free and family-friendly, and some are also long-standing traditions, such as the 40th annual Winter Park Autumn Art Festival on October 12th and 13th and Harriett's Park Avenue Fashion

Week which will be held October 13th through the 19th. From Sip and Strolls, 5Ks, the Winter Park Food and Wine Classic, or a moonlight cemetery stroll and history tour at the gravesites of Orlando's founding families leading up to Halloween, October's calendar really offers something for everyone.

I also know how important this time of year is for all our local business owners, therefore The Park Press is very proud to be a long-time sponsor and promoter of many of these community events. As always, please give our advertisers consideration for your business during this all-important time of the year. Not only are they our friends and neighbors, they also come together to support the "positive news that matters," and for this we are thankful.

As always, thank you so much for reading The Park Press and we look forward to the great things to come.





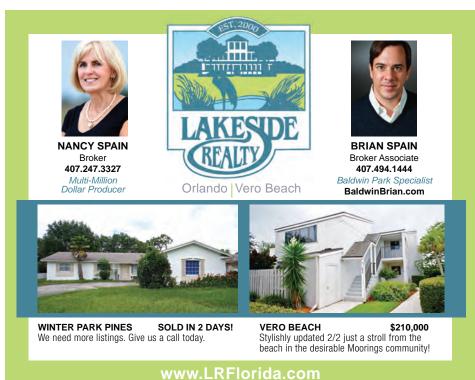


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The Park Press | OCTOBER 2013 EDITOR'S MESSAGE

13 Going On 30!

By Tricia Cable

This month I had the distinct pleasure of accompanying my 13-year-old daughter to her first international dive competition. I was understandably very proud to introduce myself as her mom time and time again throughout the course of the week that the competition took place. She is quite the athlete and her reputation as a diver in the national and now international dive community speaks for itself. When her competitors see her name registered for an event, they know that it will be a battle for the top spot and the audience will be pleased with the show. The sport is incredibly entertaining, to say the least, and the divers seldom disappoint.

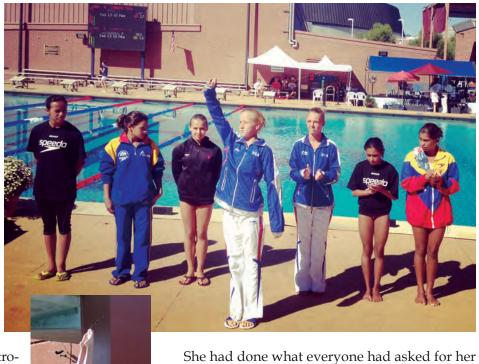
I always go into the events with a few nerves and a bit of trepidation. This one was no exception; her first time on an international stage. The University of Arizona played host to the Junior Pan American Games and nine countries from the Americas were in attendance: Brazil, Colombia, Peru, Venezuela, Jamaica, Puerto Rico, Mexico, Canada and the U.S.A. From the opening ceremonies to the final day of competition took the better part of a week and not only included a great deal of practice, but some team building and some fun with some new friends from faraway lands. Both semesters of French and Spanish came in handy!

As luck would have it, she was not scheduled to compete until the final day, meaning that by the time Sunday rolled around and it was finally "go" time, I was a mess. Wearing sunglasses to hide my overwhelming pride that kept bubbling to the surface and running down my cheeks, I found myself supported by other moms, who knew exactly how I felt. Grace, on the other hand, was smooth as silk. Hiding just below the surface I could sense

a tinge of nervousness, but to the layman, she was cool as a cucumbertalking with her coach and dancing to the background music playing. She came over to me just briefly before the athletes were announced long enough to let me whisper in her ear, "You have prepared for this moment, you are ready and this is your time to shine!" And with that, she was off.

The athletes were introduced and the competition was under way. I watched in great anticipation as she went through her processes; staying warm between dives as coach had instructed. Tak-

ing her time to settle in before each dive and enjoying herself every step of the way. I joke because I have said on many occasions that she is "all me," but in actuality, she is truly something else. She is a gamer and when the chips are down, my money is on her. She led for five of seven rounds of the competition, but just narrowly. She and her fellow U.S.A. teammate and another competitor for Mexico were clearly a force to be reckoned with. And when it was all said and done, my baby girl left Arizona with the silver medal in the 12/13 age group on the 3 meter springboard at the Pan American Games.



She had done what everyone had asked for her to do. She competed brilliantly and represented Team USA beautifully. But more than that, more than the athlete that she has come to be through hours and hours of hard work and dedication, she was recognized as being a great kid. So even though initially I was proud to be her mom because of all that she has accomplished physically through her sport, upon leaving, I was more proud of who she was as a person. Parents of other divers, both on our team and other teams, sought me out to introduce themselves to me and tell me what a great girl she is. Whether it was because she showed support for their child, or showed genuine excitement for the success that others had, or was just there to lend support when needed, time and time again I heard, "Are you Grace's mom? She is such a great kid!" It does a mom proud to get that kind of affirmation that what we do and say makes a difference. So whether 13 or 30, she's got this!



Copyright ©2005 by Raúl Colón, Doña Flor: A Tall Tale about a Giant Woman with a Great Big Heart (detail)

Tall Tales and Huge Hearts: Raúl Colón

On View Through November 3, 2013

This exhibition, the 9th in the Orlando Museum of Art's annual Art of the Picture Book Series, features the work of popular award-winning artist Raúl Colón. This exhibition, organized by the National Center for Children's Illustrated Literature, Abilene, Texas, includes fun, interactive gallery activities for young visitors and their families.

Orlando Museum of Art 2416 N. Mills Ave. Orlando, FL 32803 407 896 4231 www.omart.org



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City Commissioner's Message

Commissioner Robert F. Stuart, City of Orlando District 3



Donent F Crus

Well, it's October already! By now, you may have grown tired of football or school, even though it has just started. Just wait, as soon as the cooler air comes down from our friends up north, you'll be ready to get out and enjoy our Great City!

October brings Harvest and Halloween. Many of our local schools and churches will be having their autumn harvest festivals. It's a great way to gather our community, so plan on attending and spending quality time with friends and neighbors. Many Halloween events have become fun traditions throughout District 3. Let me share just a few of the great things going on right here in our neighborhoods.

Leu Gardens is hosting their annual Jazz and Blues Stroll on October 12 from 7 – 10p.m. Enjoy an amazing evening in Orlando's most beautiful garden with music being performed throughout the 50-acre venue, featuring The Betty Fox Band, Dr. Otto Gomez Group and The Hooba Hoobas. Pack a dinner picnic basket full of your favorite foods/drinks and bring chairs or a blanket for this outdoor event. Blue Bird Bake Shop and Kool Beans will be selling treats and coffee. Tickets

will be available starting Oct. 2 through the Gift Shop. For more information, call 407-246-2620.

Speaking of jazz, the College Park Partnership will be hosting their annual Jazz Fest on October 26 from 6 – 11p.m. Each year, the Jazz Fest gets bigger and better and this year is no exception. Vendors and music up and down Edgewater Drive will be great and the atmosphere will be festive...another reason to love our great neighborhoods like College Park. For more information, point your browser to CollegeParkPartnership.com and look for Jazz Fest and all of the great things going on in College Park.

Back to Halloween! Audubon Park Garden District is hosting their annual Zombietoberfest on Saturday, October 5 from 6 – 10p.m. There will be food, drinks, music, games, contests and more - including a zombie invasion! This year, they are adding a Garden District Pub Crawl! For more information, go to APGardens.com or check out their Facebook page at Facebook.com/ GardenDistrict.

And our own city staff gets into the Halloween spirit (pardon the pun) by making the holiday fun for the whole family. Our own archivist, Mr. Don Price, will host a moonlit stroll through Greenwood Cemetery on Friday, October 15 at 9p.m. This tour is a great way to learn about the history of Orlando by visiting the final resting places of many of the members of our city's founding families. For more information on this free tour, please visit greenwood-cemetery.net.

Finishing our Halloween theme, Baldwin Park is hosting their 4th annual Spirit Stroll in their village center to benefit Audubon Park and Glenridge schools on Saturday, Oct. 26 from 7 – 12p.m. Advanced tickets are \$20 and you must be 21 or older to participate. For more information, go to BrightsideEvents.org.

Don't forget, Halloween is also a time when there are ghosts and goblins, dressed as children, on your streets. Remember, there is a host of safety tips on my District 3 website (cityoforlando.net/district3) that include things like take a flashlight, remind kids to not enter a stranger's home or car, inspect all treats before allowing kids to eat them, and especially drive slowly in our residential streets (you never know what creature may suddenly cross you path).

October is a wonderful time for enjoying nice weather and getting to meet your neighbors. Strong neighbors build strong neighborhoods and that's what Orlando is all about. Enjoy the season...I'll be looking for you around the District!

-Robert ■

ROBERT F. STUART | COMMISSIONER, DISTRICT 3, CITY OF ORLANDO | 400 S. ORANGE AVENUE, ORLANDO, FL 32801 | 407-246-2003 | ROBERT. STUART@CITYOFORLANDO.NET



Winter Park Mayor's Message

Mayor Ken Bradley



KEN BRADLEY

Winter Park Is Focused On Quality!

Your mayor, city commission and staff take very seriously our job to budget and spend your tax and revenue dollars prudently. The theme for this year's budget is "Focused on Quality," something for which our city has become known. At our city commission meeting of September 23, 2013 the budget and tax (millage) rates were adopted at the second public hearing. Through strong leadership and fiscal discipline, Winter Park has stayed focused on the most important issues facing our

city while keeping taxes low. We truly are a positive role model to other governments around our region and throughout the United States.

We are now starting to see growth in property values. We are seeing businesses sell more. Our economic turnaround is continuing. The principle of Focusing on Quality through both economic ups and downs has allowed us to improve needed services like fire and police but also to invest in quality of life issues like our parks. The budget supports our vision of becoming the best city in Florida to live, work and play. The budget does so while maintain millage rates unchanged--now at one of the lowest levels in Orange County.



- Maintain the current operating millage rate for property taxes at 4.0923
- Enter into performance based funding contracts with organizations currently supported by the city like the Mead Garden Botanical group and the Winter Park Historical Association.
- Fund the removal and/or pruning of Category 1 hazardous trees
- Continues the current levels of service for fire and police expected by Winter Park residents, businesses, and visitors
- Provide a performance based pay raise for employees in the Fiscal Year 2014 budget, maintaining a program that establishes pay within the top 35 percent and benefits within the top 50

Winter Park takes its taxation and fiscal responsibilities very seriously. We attempt to spend every dollar wisely—and Focused on Quality.

Sincerely

percent of benchmarked municipalities

Kenneth Bradley, Mayor

For details regarding the budget or for more information, please visit the city's website at www.cityofwinterpark. org under Info at Your Fingertips > Budget Documents.





The Park Press | OCTOBER 2013 NEWS

Maitland Mayor's Message

Mayor Howard A. Schieferdecker



Change Is Coming To Maitland! -By Sharon Anselmo, Assistant City Manager

tember 23, residents will be receiving new green garbage carts and new blue recycling carts. The new blue recycling cart can hold 64 gallons and will replace the current dual bin system with a single

stream cart. Single stream means that residents no longer have to separate their recyclables, although containers must still be clean and boxes broken down. More items are included in the list of accepted recyclables, and recyclable items include all paper products (clean and dry), aluminum cans and foil, steel/tin cans, all plastics (except Styrofoam and film bags), glass bottles and jars, and aseptic and gable top containers (milk and juice cartons). Because the cart has a non-removable, hinged lid, recyclables will stay clean and dry, ensuring items stay out of

With the new solid waste program comes a new disposal facility. The city has entered into an interlocal agreement with the Seminole County Solid Waste Management Division, which will provide residents with access to the residential household hazardous waste collection center. Starting on October 1, residents can drop off their household hazardous waste at the Seminole County Central Transfer Station at 1950 State Route 419 in Longwood. The Central Transfer Station is open Monday through Saturday from 7:30 a.m. - 5:30 p.m. Residents with

Starting the week of Sep- large quantities of household hazardous waste should contact Seminole County in advance of delivering the materials to the collection center. Residents can simply bring their Florida's driver's license or identification card as proof of residency, check in at the front desk and follow the signs for the household waste drop off collection center. Some common household hazardous waste items include the following:

Anti-Freeze

Automobile Batteries Compact Fluorescent Lights Computer Components Fluorescent Light Tubes Gasoline and Cans (Up to 5 gallons)

Glues

Insecticides

Lawn Chemicals

Mercury-Containing Devices

Poisons

Pool Chemicals

Propane Tanks

Rechargeable Batteries

Solvents

Televisions

Thermostats

Thermometers

Used Oil

Items that are not accepted include dioxins, medications, radioactive

explosives material, and biologically active material.

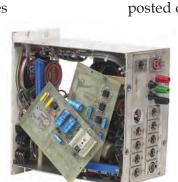
> The program will include a new system for the pick-up of bulk

waste. The twice yearly "clean up" weeks will be replaced with weekly bulk pick up collection for residential households. Those days will be posted on the city's website after September 30.

> No more stacking items in your garage waiting for November or May to roll around. Residents will be able to place bulk items, such as furniture, appliances, lawn equipment, furnaces, and bicycles at the curb for collection on a weekly basis for no additional charge.

> Finally, there will be no change in the current collection days for garbage, recycling or yard waste. For additional

information, contact the Utility Billing division at (407) 539-6265 or by e-mail at utilities@itsmymaitland.com.







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County Commissioner's Message

Commissioner Ted B. Edwards, Orange County, District 5



TED B. EDWARDS

On August 9, Mayor Jacobs of Orange County presented a \$92.5 million tourist development plan to the Orange County Tourist Development Council that would allocate funds requested by various entities for an \$85 to \$115 million Major League Soccer stadium, additional funding for Florida Citrus Bowl, and additional

funding for the Dr. Phillips Performing Arts Center (Phase 2), and also included funds for additional tourist advertising and promotion. The next day, the Tourist Development Council, which serves in an advisory capacity to the Orange County Board of Commissioners, unanimously approved the Jacobs plan and recommended the proposal be approved by the Board of County Commissioners. Mayor Jacobs has currently scheduled this matter for a public hearing on October 22, 2013, and I would like your thoughts as to this proposal.

The plan would allocate \$20 million from Orange County tourist taxes for the Orlando City Soccer Club for the construction of the first \$85 million phase of a planned \$115 million soccerspecific stadium for a Major League Soccer franchise in Downtown Orlando. Evidently, Major League Soccer is demanding a soccer specific stadium to award a franchise and will not allow a

team to play at the Florida Citrus Bowl where the minor league team currently plays. The Orlando City Soccer Club would contribute \$30 million to the MLS Stadium and would presumably receive the income from naming rights, advertising and other revenues generated by the stadium. The total value of the public contribution to the total project would be up to \$75 million and would include \$20 million from the City of Orlando for construction, land and infrastructure improvements, \$20 million from Orange County tourist taxes, \$3 million from other sources including the City of Apopka and Osceola County, and \$2 million from Seminole County. The second phase of the project which would add additional seating to the stadium would be contingent on receiving a \$30,000,000 sales tax rebate from the Florida Legislature.

A further \$25 million would be given to help fund the construction of Phase II of the \$503 million Dr. Phillips Performing Arts Center which would add a 1,700 seat acoustical theater to the center. The theater would be equipped with a moving shell and towers that can be arranged to create rooms for a symphony orchestra, opera, theater, or ballet performance. Florida Citrus Sports, a not-for-profit organization that operates the Citrus Bowl, would receive an additional \$12 million for additional seating, digital displays, enclosed club spaces, and additional suites to the Citrus Bowl which evidently could not be accommodated in the existing budget of \$193 million.

Visit Orlando would also be allocated \$5 million per year for the next five years. The money would pay for expanded marketing and advertising efforts with an emphasis in South America. An additional \$500,000 would be given to Visit Orlando for the purposes of funding the Central Florida Sports Commission in its endeavor to bring major sporting events to Orange County. The Orange County Convention Center would receive \$10 million dollars as a cash reserve as it undertakes its five year, \$187 million capital improvement plan. The source of the money to pay for all these projects is the Tourist Development Tax (TDT). The Tourist Development Tax is paid on sleeping accommodations by visitors to Orange County.

If you have any questions or concerns about the venues package or any other county issue please feel free to contact me or my staff, Edgar Robinson and Lynette Rummel. We can be reached at 407-836-7350 or by email at district5@ocfl.net. As the Orange County Commission prepares to discuss the funding for the above projects on October 22, I would appreciate your input and opinions as to the funding that should be provided by Orange

(ed & Colwarks

Orange County Commissioner, District 5



Orange County Mayor's Message

Mayor Teresa Jacobs





Following the heartbreaking tragedy at Sandy Hook Elementary in Connecticut, I reached out to our mental health partners and Orange County's Family Services to solicit their thoughts on a holistic strategy for addressing mental

health services for children, young adults, and families in our county.

I am pleased that Orange County's Board of County Commissioners (BCC) recently approved \$963,000 in funding to provide mental health services that are vital to families in our area. These BCC funds, which match our federal children's mental health grant, will cover gaps in community resources for youth mental health treatment and screenings.

And the need is real. Incredibly, more than 50 percent of all lifetime mental health issues present themselves before age 14, and 75 percent before age 25. As the statistics note, the sooner we screen, detect, and treat, the better for our community. Dealing with an issue of such complexity will be no small challenge and will require the commitment of our entire community and all levels of government. Mental illness is a very treatable disease, and when detected early, the more effective the outcome.

In August, I convened Orange County's Youth Mental Health Commission, a coalition of elected officials, law enforcement and strong community leaders to develop new strategies and initiatives to address system of care issues in children's mental health in Orange County. The commission, chaired by Florida Hospital's Richard Morrison and co-chaired by Chief Judge Belvin Perry,

JR., is charged with examining the entirety of this issue in Orange County, including the resources available, the accessibility of treatment and resources, and related issues, including the stigma that is too often associated with seeking treatment for mental health. The commission will act in an advisory capacity and will present recommendations and broader improvement strategies to the BCC in early 2014.

I wish to thank those who have agreed to serve on our Youth Mental Health Commission for the important work they have committed to do on behalf of our community and our citizens

As always, I encourage you to visit Orange County's website, www.ocfl.net, and I invite you to connect with me on Facebook by searching OrangeCountyMayor or on Twitter, @Mayor_Jacobs. You can also subscribe to my newsletter, Orange County Connect.

Teresa Jacobs

Orange County Mayor



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The Park Press | OCTOBER 2013 NEWS

Representative's Message

Karen Castor Dentel, PhD, Florida House of Representatives

Working as your representative continues to be a fulfilling and eventful endeavor. This past month has demonstrated the ways in which we, as your local elected officials,

Dear Neighbors,

are able to serve our community best when we put the needs of our area first.

Early in September, the Department of Environmental Protection (DEP) listed the Wekiva Springs State Park as a conservation area with Surplus Lands. That label would have allowed the land

to be sold, potentially putting at risk conservation goals of Seminole County and jeopardizing an area that is important to ecotourism in Central Florida.

What followed was an outpouring of support from Republicans and Democrats alike, standing together with the understanding that we have a responsibility to protect the land and water in our area and to ensure that we conserve our quality of life for generations to come.

Like many other Central Floridians, I am relieved to know now that an essential local conservation area will remain largely intact. It is essential that the state park be safeguarded as intended

when the Legislature approved the Wekiva Parkway and Protection Act in 2004.

This past month has brought with it a renewed emphasis on the need for bipartisanship in our community. I promise to keep you updated. As always, if you have questions, comments or concerns, please contact my office.



Karen Castor Dentel, PhD Florida House of Representatives



protection and service by The Winter Park Police Department

Fight Identity Theft/Fraud Tips For Protecting Yourself

The Winter Park Police Department wishes everyone to be safe and confident in their personal identity. Unfortunately, there are criminals out there who will take advantage of an opportunity to victimize someone who gives them the chance to gain access to and use their personal information. Please consider the below tips towards keeping your identity yours and yours alone.

- Do monitor current available bank and credit card account balances at least weekly, via online, mobile, ATM, or touchtone banking. Review paper statements received in the mail immediately. Sign up for alerts to be sent to your mobile phone or e-mail account. A 2010 study by Javelin Research found 43% of all reported identity fraud cases are spotted by consumers self-monitoring their accounts. Victims who use more timely electronic methods to detect fraud experience lower their average out-of-pocket costs.
- **Do** get free annual credit reports! The Fair Credit Reporting Act provides that you can receive a free credit report yearly from each of the credit reporting agencies (bureaus): Equifax, Experian and TransUnion. You can get a year's protection by getting a report from a different bureau every four months. To order your free report from one or all of the credit reporting agencies, visit www.annualcreditreport.com, call toll free 1-877-322-8228, or complete the Annual Credit Report Request Form and mail it to Annual Credit Report Request Service, P.O.

Box 105281, Atlanta, GA 30348-5281. The forms are available online from www.ftc.gov/credit.

- Stop receiving "prescreened" credit card solicitations. Prescreened solicitations can cause you considerable problems if they get into the wrong hands. If you don't want to receive these solicitations, "opt-out" by calling 1-888-567-8688, or go to www.optoutprescreen.com.
- Consider putting a "Fraud Alert" at each credit bureau if you think you are, or are about to become, a victim of identity theft. The initial fraud alert is good for 90 days. This entitles you to an additional credit report. A fraud alert instructs creditors to exercise more care in verifying the identity of a credit applicant. This may hinder but not necessarily stop thieves.
- The most severe measure is to place a "Security Freeze" on your credit reports. A security freeze will block all access to your credit report (including anything you wish to do) and will stop new account fraud from occurring. It will not stop existing account fraud. You will not be able to open new accounts without temporarily lifting the freeze.
- Never carry your Social Security card and only carry your Medicare or VA card when needed.
- Do not print your Social Security number, date of birth or driver's license number on your checks.
- Do be careful about giving out your Social Security number. Don't hesitate to ask why someone wants it, and what will happen if you refuse to provide it.
- Do not give out your credit card or Social Security numbers on the phone or Internet unless you made the initial contact or you are 100% sure the other party is reputable.

- Do have the credit bureaus place a "deceased" alert on the reports of family members who have died. Inform the Social Security Administration by mailing a copy of the death certifi-
 - **Do not** carry more credit cards than you need. Do not keep your credit cards in your wallets, especially ladies. Keep them in a business card or similar case. Wallets are easily taken from
- Do check for credit information on your children. They get a Social Security Number at birth and they can have their identities stolen,
- Banks and credit card companies will not contact you by phone or on the internet asking you for personal information such as your Social Security or account numbers or your PIN.
- Never leave a purse or wallet in a car, or unsecured at work. Stealing purses and wallets is one of the most common ways thieves obtain personal information.
- Do properly store or shred cancelled checks, bank and credit card statements. Unless you rip them into small pieces, the information may be recoverable. Do shred any preapproved credit card offers and "convenience checks" you get in the mail. They can be cashed or someone can open a new account in your name, but at a different address.
- Do keep a list of all account and contact information for all of your credit cards, bank accounts and investment accounts in a secure place. Use a copy machine to copy both sides of the cards. This allows for prompt notification in case of theft or fraud.

Continued on page 9





NEWS The Park Press | OCTOBER 2013

Brookshire Fund Presents "Homecoming" Fundraiser

The Brookshire Fund presents shire Elementary School, 2500 Homecoming: a community celebration benefiting the students of Brookshire Elementary School. For this special event the school will open the doors of its new facility to all in the community for a food truck fundraising event.

Homecoming will take place from 5:00 -8:00 p.m. on Thursday, October 10, 2013, at the new Brook-

Cady Way, Winter Park. Guests can bring their picnic blankets and dine on fare from top-rated Central Florida gourmet food trucks while enjoying live music. A

portion of food truck proceeds will benefit the school. There will also be additional opportunities for attendees to show their support and make a donation to Brookshire throughout the night.

Following a trend here in Orange County, and around the country, Brookshire recognizes the need for an internal fund-

raising group to provide an extra layer of financial support. At present, OCPS is unable to finance several initiatives identified to be key to meeting the school's goals. With the opening of the new school building, the task of bridging this gap has become even more important. The Fund is a 501c3 Foundation established in 2013 by Brookshire parents to help provide all Brookshire students with a state-ofthe-art learning environment and the highest quality education.

The newly-formed Brookshire Fund will focus fundraising efforts on technology, educational advancement and facilities. Initial funds will be directed towards student response systems for the SMART boards, replacement cafeteria tables and sun shades for the

playground, and other main exte-

"It is amazing for our students to be in this wonderful new building and gain better access to updated technology. The continued support of the community will be critical to Brookshire's success," said Dr. Marc Rummler, Brookshire principal. "We have many Brookshire families who are second and third



generation 'Bulldogs.' It is so encouraging to see the enthusiastic support for the school throughout the Winter Park community."

Admission to Homecoming is free and all funds raised will benefit the Brookshire Fund. The school will be open to the community during this special event. For more information, or to make a donation, please visit www.focps.org. ■

Continued from page 1

Hotel Proceeds To Fund Innovative Philanthropic Business Model

is that it's philanthropy supporting our long-term sustainable business model," said President Lewis Duncan of Rollins College. "In the competitive world of higher education, we must employ creative problem solving and innovation. The Alfond Inn is our latest example of doing just that, and we thank the Harold Alfond Foundation for enabling us to provide annual financial assistance to deserving students and contributing significantly to our long-term endowment growth, while addressing strategic institutional and community need."

A 2008 strategic planning session of the board of trustees at Rollins College sparked the idea for the Inn.

"Our plans initially stalled due to the challenges of finding a hotel developer to invest in the property," said Jeffrey G. Eisenbarth, vice president for business and finance at Rollins College. "We met with the Harold Alfond Foundation, a longtime Rollins supporter, and together we developed this unique opportunity that helps the community and our college."

The gift is the latest and largest in a long history of contributions to Rollins College by the Alfond family. The late Harold Alfond received an honorary doctorate from the College in 1997. He and his late wife, Dorothy "Bibby" Alfond, who themselves were generous contributors to Rollins, saw two of their sons graduate from Rollins. Two of their grandchildren also attended the college. Their son Ted Alfond (Class of '68) is currently a college trustee, and Ted's wife, Barbara Lawrence Alfond, is also a graduate of the Class of '68 as well as a former Rollins trustee.

"My father had a strong fondness for Rollins, and this project would have been right up his alley," said Ted Alfond. "He was a businessman who liked entrepreneurial, creative ideas — and this

project is both. Rollins will capitalize on a have loved it."

Orlando-based Baker Barrios Architects, Inc. managed the planning, architecture, interior design and landscape architecture for the Alfond Inn, and Atlanta-based Hardin Construction served as the general contractor for the project. ■

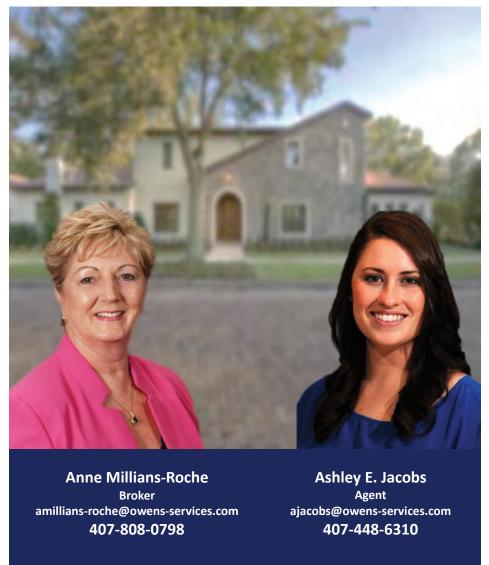
commercial opportunity to fund student scholarships. As the Inn achieves business success, the scholarship program's impact will continue to grow. My father would



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The Park Press | OCTOBER 2013 NEWS 9

Protection And Service Continued from page 7

Fight Identity Theft/Fraud Tips For Protecting Yourself

- Do guard your mail. Put outgoing payments in a secure post office collection box. Don't leave them in your home mailbox for the postman to pick up. If you are going to be away from home for an extended time, arrange for the post office to hold your mail or for a trusted neighbor to have it picked up.
- Do keep track of all of your ATM and credit card receipts so you can compare them with your statements. Use the internet to get current account information. Unfamiliar activity could be the first indication that your account has been compromised. Do be careful using ATMs. Be sure no one is watching you enter your PIN. Never write your PIN on the back of your card.
- **Do** use a black gel pen when writing checks. Checks written with ball point or ink pens can be "washed" (names and amounts chemically removed) and new information substituted. Gel pens make "washing" much more difficult.
- **Do** be alert to a scam where thieves obtain your credit card number and then call you impersonating the card issuer asking you to provide the security number printed on the card. That information lets them make online and phone purchases with your card.
- **Do** notify your credit card issuer of planned foreign travel dates. This can save you the inconvenience of having to call the issuer to authorize a purchase while you are traveling and will assist the issuer if your card or account numbers are stolen.
- If purchasing a credit monitoring service, make sure it monitors all three credit bureaus. Ask to be notified by phone, email or text message as soon as a breach occurs. Some companies only send out monthly or quarterly statements. That could be too late.
- If considering ID theft insurance, definitely read and understand the fine print. Don't assume that the insurance will replace stolen funds. Some only cover expenses associated with clearing up your account, such as time taken off from work or legal expenses.

On the Internet & Phone

You can feel comfortable and be safe using the Internet and the phone if you are careful and take some simple precautions.

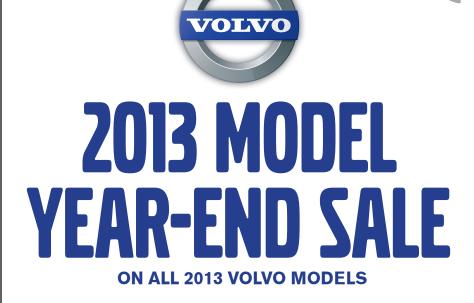
- Make sure you have up-to-date virus protection software and it is scanning regularly. Never download files sent to you by strangers. They could contain programs that access private data on your computer.
- **Be sure you have a firewall on your computer.** A firewall can keep thieves from accessing the personal information on your computer.
- Use an anti-spyware program to identify and remove undesirable or unwanted cookies which can be used to collect your personal information.
- Shop only on internet sites that use secure technology which prevents unauthorized parties from seeing your purchase information. Sites often tell you they use secure technology, but you should look for the "padlock" icon in your taskbar.
- Be wary of email scams that ask you for confidential information. This kind of scam is called "phishing". Criminals send emails that appear to be from a trusted source, such as your bank or credit card company, requesting confidential information, such as passwords or account numbers. These emails have the same look as the companies you do business with. They may direct you to a web site and ask you to log on and enter your confidential information, which goes directly to the criminals and they can use it to steal your identity.
- Use passwords that cannot be easily guessed. Best are passwords that contain letters and numbers. Dates of birth, addresses, phone numbers, mother's maiden name, pet's names and children's names are not hard to guess by experienced thieves.
- **Don't fall for emails** notifying you that you have won the Irish Lottery or some other sweepstakes. Nor is there really anyone in Nigeria or some other country that needs your help getting money out of the country. The thieves want your bank account information so they can clean it out!
- **Paying bills on line** with your bank's online bill paying service is secure and convenient.
- Paying bills online through a reputable merchant can also be safe and convenient, but remember you are giving your sensitive information to another entity...and hoping they adequately secure it.

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Rollins Professor Receives National Science Foundation Grant

The National Science Foundation (NSF) has of \$214,745 to Rollins College professor Thomas

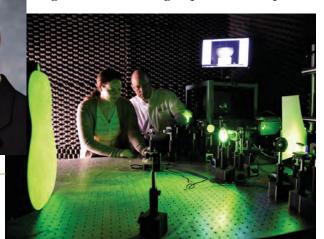
Moore, the Archibald Granville Bush Professor of Science, support his continued research with undergraduate students in the area of musical acoustics.

Moore and his students are collaborating with colleagues at the Institute of Musical Acoustics in Vienna, which has manufactured two special trumpet bells, to prove that the sound of a trumpet is measurably affected

by vibrations. Moore's research has focused on instruments ranging from the electric guitar and the American five-string banjo to the Nigerian slit gong and the Himalayan singing bowl.

"We will continue our work on the physics of awarded a three-year federal grant in the amount the trumpet, and we will investigate the physics of the Himalayan singing bowl," Moore said.

> "Current plans also include investigating some interesting aspects of the piano,



Ashley Cannaday '11 and Thomas Moore

which we can do thanks to the generosity of the music department. They donated a piano to our lab."

The award, part of NSF's Research in Undergraduate Institutions (RUI) program, facilitates faculty research at predominantly undergraduate institutions and encourages educational opportunities for undergraduate students. This is Moore's third RUI grant since 2007 and will fund up to four undergraduate research positions.

Moore believes that participating in research is the best way for students to learn physics. "Although the grant is a research grant, I do research because it is the best way to teach," he said. "The actual scientific results are of secondary importance. No student can genuinely participate in real research and not be changed. The challenge, the effort and the satisfaction cannot be replicated in a classroom." ■

New CEO for Quest, Inc.

Katie Porta retired from her operating positions as president and chief executive officer and became CEO Emeritus of Quest, Inc., . Porta has served Quest for 32 years as a leader and advocate for the developmentally disabled, work-

ing diligently to build Quest into a leading non-profit provider of services for developmentally disabled adults and children in the Orlando and Tampa areas.

Porta said, "Although I would very much like to continue leading our outstanding team, because of recent changes in my health, I have made the decision to retire. I'm more than confident that I leave Quest in excellent hands with its board and new president and CEO, John Gill. Knowing that a wise and strong business has a retirement succession plan, in 2012 I helped select John Gill as COO to work closely with me over the past year and a half. I am so pleased with the strength he brings Quest in his new capacity."

"Those fortunate enough to have known and worked with Ms. Porta throughout our community over

John Gill

Thomas Moore

friend and inspiring leader," said Quest Inc.'s board chairman David Canora. "In retirement, she leaves Quest with a legacy that only she could have forged; Katie Porta will forever be a part of the Quest organization. No words can adequately convey the organi-

zation's gratitude for her dedication to Quest and its mission to build communities where people with disabilities achieve their goals."

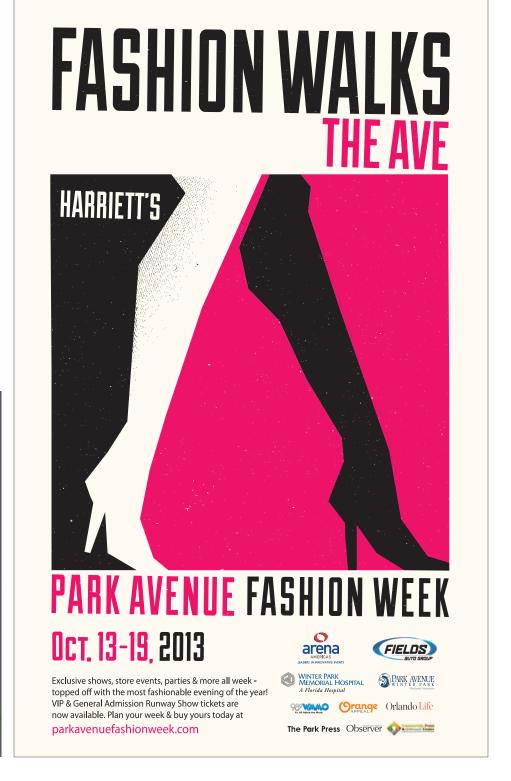
The board of directors asked John Gill to immediately transition from his role as interim CEO and COO, and assume all duties and responsibilities as the president and CEO. Gill has functioned in this role during the past several months, working with the operations and leadership teams to maintain Quest's standards of service. Before joining Quest, he served as a member of the Quest board of directors for many years. A former corporate finance team member for both the Walt Disney Company and Darden Restaurants, along with holding other executive positions, Gill is a graduate of the University of Central Florida with a BSBA in finance and of the Crummer Graduate School at Rollins College with a master's degree in business administration. He is currently enrolled in the Public Affairs Ph.D. program at the University of Central Florida.

Gill said, "I share Katie Porta's genuine passion for Quest's mission, along with her deep respect and admiration for all individuals served, the Quest team, the larger community of partners, and people who support Quest. I look forward to serving and continuing the legacy of Katie's dedication with diligence for bringing the best in service and

quality for Quest's stakeholders."

Quest helps people with developmental disabilities in both the greater Orlando and Tampa areas achieve their dreams of going to school, having a job, living on their own, and experiencing summer camp. As Central Florida's premier provider of these services, Quest, through more than 650 team members, makes a difference in the lives of over 1,100 people each day and has been part of the Central Florida community for 50 years. ■





The Park Press | OCTOBER 2013 REAL ESTATE

Lack Of Affordable Homes And Condos A Cause For Concern

real estate in the parks by Scott Hillman



SCOTT HILLMAN

On the surface, everything in the real estate market in Orange and Seminole counties is going quite well. Dig a little deeper and it's one of those situations with lots of

good news and some not so good. The good news is the sales pace for single-family homes and condominiums has ramped up which is reflected by the growing number of transactions, and prices for both types of housing are up and still rising from where they were just a year ago.

Of concern, however, is a thinning inven-

tory of affordable homes and condos which, when combined with rising mortgage interest rates---average of 4.58 percent for a 30-year fixed loan as of August 23---is a dilemma and potentially dangerous mix for most first-time buyers trying to find a home at an affordable price point. While mortgage rates are still relatively low by historic standards, many economists expect rates to keep climbing in markets like Orange and Seminole where even the slightest rate increase can make a big difference in affordability for many families.

Although inventory levels in price ranges under \$500,000 are well below the 4-6-month supply that typically defines a market balanced between buyers and sellers, it is a sign that the market is improving. However, it's a double-edged sword because the supply of more affordably priced single-family homes priced under \$300,000 and condos priced under \$200,000 limits the choices for most first-time buyers. And with prices on the rise, home values will likely continue to increase due to demand, further hampering affordability.

All these factors---rising home prices and



mortgage interest rates, and a dwindling inventory of homes, especially in lower price ranges-have created a sense of urgency amongst many buyers trying to lock in a deal before prices and interest rates climb too far out of reach. On the one hand, rising prices means more homeowner equity which could lead to more available inventory if more folks jump off the fence and list their homes for sale. And with home values likely to increase due to demand, it also could lead to more buyers, especially first-timers, being priced out of the market.

11

Despite all this, it's still a good time to buy. While we need to reduce the number of distressed properties and increase inventory in all price ranges, now seems like the obvious time for Orange and Seminole county homebuyers to seize the day, especially for those who have been waiting to buy their first home. Just be ready to move quickly and make sure you are pre-approved for a loan which will make your offer even more viable and more likely to be accepted.

Scott Hillman is president of Fannie Hillman + Associates, a 32-year-old Winter Parkbased real estate company specializing in residential real estate sales.

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OFFICIAL FESTIVAL

ABOUT THE ARTIST Stephen Bach

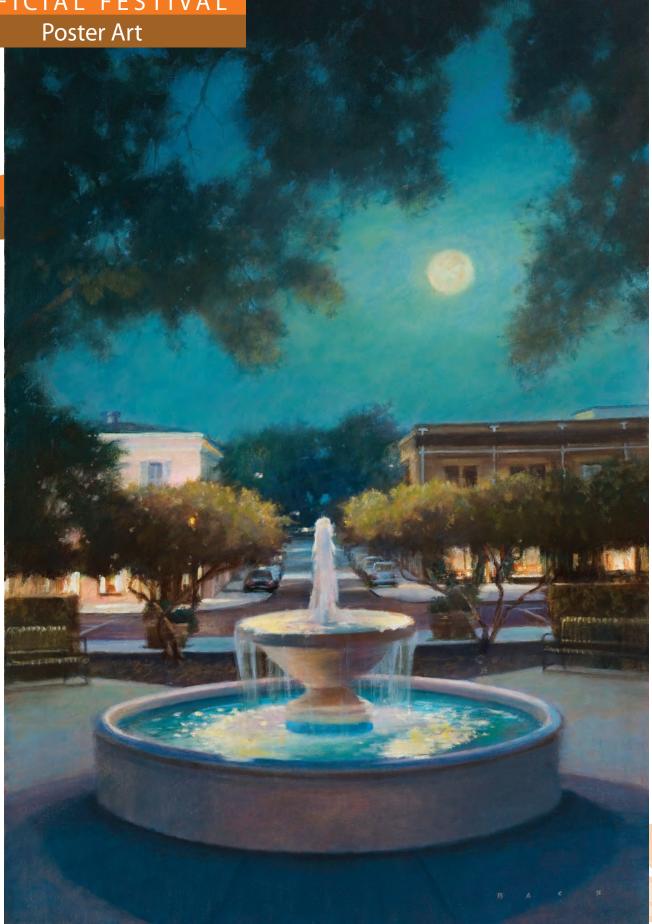


Stephen Bach defines landscape painting in broad terms. His subjects range from tranquil farm fields to gritty urban night scenes. "Nearly every place has in it a potential painting," he says, speaking of his wide array of imagery. "The fascination comes in digging out the character or beauty of a place that might often go unnoticed."

Raised in Orlando, Stephen was trained at Pratt Institute as an illustrator. In 1985, he was invited to paint murals in the fledgling Olive Garden Restaurants. Over the next fifteen years, he painted nearly 1500 murals in 47 states as well as managed other aspects of the chain's painted decor. In 2000, he transitioned into fine art landscapes, showing his paintings at outdoor festivals. He now paints from Winter Park's McRae Art Studios, and is represented by six art galleries throughout the U.S.

In the last two years, Stephen's exploration of nocturne painting has gained notice. His night scenes of Orlando and Winter Park were recently the subject of a feature article in Plein Air Magazine.

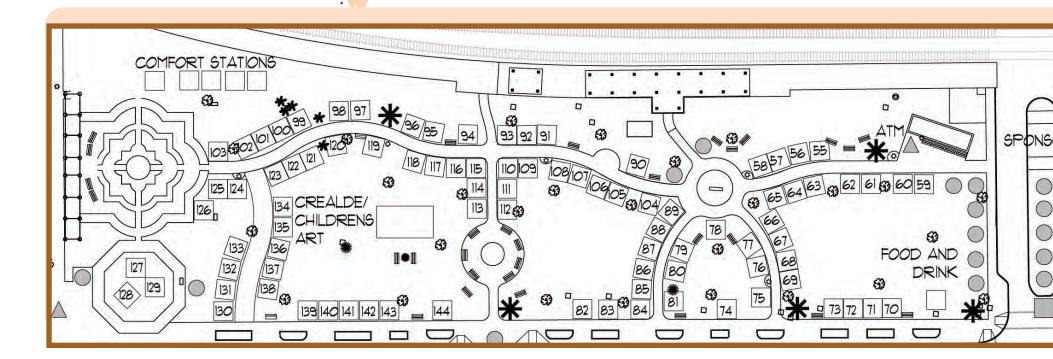
> Stephen's work can be found at www.stephenbach.com and www.mcraeartstudios.com.



Winter Park Autumn Art Festival

October 12 & 13, 2013

CENTRAL PARK | PARK AVENUE | WINTER PARK, FL



ENTERTAINMENT

Schedule

Saturday, October 12

9:00 a.m. - 9:40 a.m.King & Company 10:00 a.m. - 10:45 a.m.....Gift For Music Chamber Orchestra 11:00 a.m. - 11:50 a.m....The Bahia Dixielanders

12:00 p.m. - 12:45 p.m. ... Heather Lee & Jordan Wynn

1:00 p.m. - 1:45 p.m.....Working Class Band

2:00 p.m. - 2:45 p.m.....Jubal's Kin 3:00 p.m. - 5:00 p.m.....The Redcoats

Sunday, October 13

9:10 a.m. - 9:40 a.m.Bailey Callahan 9:55 a.m. - 10:40 a.m......Metropolitan Area Youth Symphony groups 10:55 a.m. - 11:40 a.m.....Classern String Quartet 11:45 a.m. - 12:40 p.m. ...Rodeo Rhythm Kings

3:00 p.m. - 4:30 p.m.....The Sh-Booms

1:00 p.m. - 1:45 p.m.....Rock This Town

ARTIST BOOTHS

Listed Numerically by Booth

| 1 | Sandra BrewsterS | 43 | Sue LancesFi | 85 | Chris CarlsonJ |
|----|-------------------------|----|------------------------|-----|--------------------------|
| 2 | Wesley CowleyPh | 44 | Candy McFallJ | 86 | James SauterS |
| 3 | Barbara FoleyJ | 45 | Eddie MyersD | 87 | Jane SlivkaPa |
| 4 | Paul LaMontagneS | 46 | Jeff EckertD | 88 | Michael O'TooleFC |
| 5 | Jack BoyleC | 47 | Barbara Laffal | 89 | Maria Reyes-JonesPa |
| 6 | Christine Peloquin D | 48 | David HunterD | 90 | David CampbellS |
| 7 | Glenn WoodsC | 49 | John MooreC | 91 | Victor GomezD |
| 8 | Allan TegerPh | 50 | Thomas LottJ | 92 | Josephina Espinosa FC |
| 9 | Susan HandauPa | 51 | Gaston PetridisPa | 93 | Dean SantiniFi |
| 10 | Mina HeusleinC | 52 | Lorrie MasonJ | 94 | Oscar RiveroJ |
| 11 | Nick AlexiadesD | 53 | John MargerumD | 95 | Sarah HindsFC |
| 12 | Sandra Matasick | 54 | Susan LivingstonS | 96 | Helen AvalonPa |
| 13 | Michael NelsonC | 55 | Anne KantorJ | 97 | Barbara & Rick UmbelJ |
| 14 | Stephen BachPa | 56 | Eric ClayPh | 98 | Robert CornellFC |
| 15 | Stacy BarterPa | 57 | Harry WelschC | 99 | Robert KastrinosC |
| 16 | Su Griggs AllenS | 58 | John HartungPh | 100 | Daniela ViteriFi |
| 17 | Todd FoxPa | 59 | Ynon MabatPh | 101 | Daniel BondroffD |
| 18 | Patricia KarnesJ | 60 | Douglas BringleC | 102 | Deborah MarcheseJ |
| 19 | Jack HillS | 61 | Michael & Jane LewisFi | 103 | Bill ColbyC |
| 20 | Luis GonzalezFC | 62 | Paul MontecalvoPh | 104 | Vadim MalkinC |
| 21 | Ummarid EitharongPa | 63 | Christian NevinJ | 105 | Kimberly CoyJ |
| 22 | Jeannie Papadopoulos .C | 64 | Thomas Sullivan FC | 106 | George RhodesPh |
| 23 | Nicholas Ruhlman FC | 65 | Jim & Lia Biond | 107 | William RubarC |
| 24 | Kathleen BrodeurPa | 66 | Douglas AdamsC | 108 | Marta CrawfordPa |
| 25 | Garry SeidelPh | 67 | Rick AustinJ | 109 | Charles HazelaarS |
| 26 | Noah KirkC | 68 | Trent ManningS | 110 | John GalboPh |
| 27 | Edson CamposDr | 69 | Rick ZimmerPh | 111 | Jean MurrayC |
| 28 | Pamela WernethJ | 70 | Phil ParkerS | 112 | Richard MirandaJ |
| 29 | Ray CannataFC | 71 | Jennifer BevilleC | 113 | Hugo CruzS |
| 30 | Cheryl Mackey SmithC | 72 | Marilyn VaillancourtJ | | Julie AnstaettC |
| 31 | Randall SmithPa | 73 | Pauline FawcettPa | 115 | Jason HuntD |
| 32 | Bill SladeFC | 74 | Ron SchmidtSc | 116 | Patrick & Hil-Dee BatesC |
| 33 | David FigueroaS | 75 | Steve VaughnPh | 117 | Jamie KirkellFi |
| 34 | Jeff ThamertPh | 76 | Peggy MillerJe | 118 | Marty CampbellPh |
| 35 | Peter Fournier FC | 77 | Carol NapoliPa | 119 | Jeffrey Matter FC |
| 36 | Vicki TindallC | 78 | Clayton SwartzS | 120 | William CarlieJ |
| 37 | William FloodPh | 79 | Michael SoutarJe | | Barrie HardingFC |
| 38 | Archie Vandermast FC | 80 | Ana VarelaC | 122 | Chas RowePa |
| 39 | Rick AbramsPa | 81 | Stephen BaldaufPa | | Bernard BlekfeldPh |
| 40 | Robert Nilsson Je | 82 | Gregory StrachovPa | 124 | Steven WardPa |
| 41 | Judith WoodFC | 83 | Janet O'Rourke FC | | Dick Cunningham Ph |
| 42 | Witha LacuestaPa | 84 | Jacquelyn ZajacC | 126 | Iris LedesmaJ |

2:00 p.m. -2:45 p.m.....Winter Park Playhouse

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Mercedes R. Wechsler

KEY

C..... Ceramics

D.... Drawing & Graphics

127 Lynn Cebula.....Pa

128 Ellie Diez-Massaro...... Ph

129 David Sandidge.....S

131 Robin Aronson.....J

132 Dawn Weber FC

133 John Kellum.....C

134 Gene GandeeC

135 Inna Poole.....Fi

136 Claudia Melchiorre......J 137 Ilene PhelanC

138 Natalia AndreevaPa

139 Deborah Barnes.....J

140 Tim Peters.....C

141 Candyce MorelandJ

142 Richard StewartPh

143 Ralph RankinC

144 Will GrantS

145 Marius MoorePh

146 Lynn MerhigeS 147 Tim LudwigC

148 Robert ClibbonPh

149 Jim HolehousePa

150 James Parziale.....FC

151 Robert Ross.....Pa

152 Lisa Davin.....FC

153 Brenda Hofreiter.....Pa

154 Kathy Murphy-Childs....Fi

155 Shannon MarieJ

156 Robert Currul.....Ph

Pozzobonelli.....S

130 Mauro Possobon

FC .. Fine Crafts

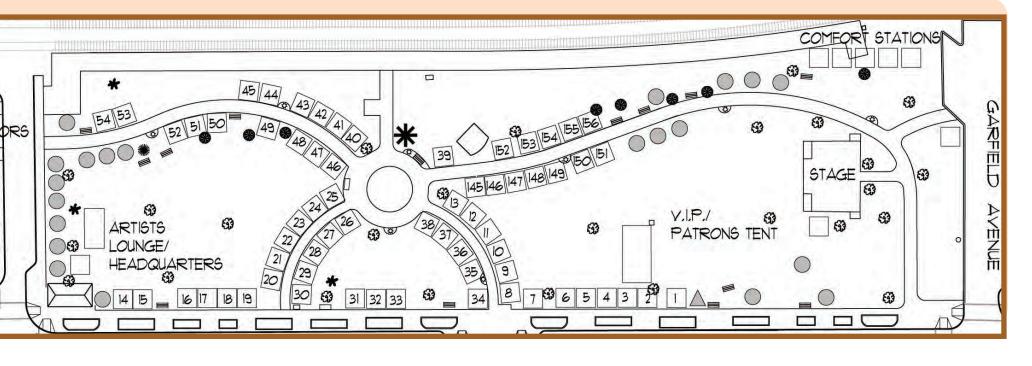
Fi Fiber

J..... Jewelry

Pa... Painting (all media)

Ph.. Photography

S..... Sculpture



14 **BUSINESS** The Park Press | OCTOBER 2013

fiscal fitness by John Gill



The Case for Life Insurance

Life insurance is

one of the most

cost effective

contingency

planning tools

available.

For those of you who have read this column for any length of time, you know that one of my recurring discussions is life insurance. This is one of those columns.

I bring this up periodically because it is one of the cornerstones of fiscal fitness. It's also really important. People will often say in jest, "Well, I won't be around anyway." Not humorous!

of savvy financial and personal planning, and an indication that you care enough about your family and loved ones to maintain their standard of living if death comes unexpectedly. Philosophically I think that is an interesting comment because death is rarely expected. We all have some time in our minds of when death is likely to occur, but at the end of the day, no

one knows. As for all contingencies in life, we must plan, and life insurance is one of the most cost effective contingency planning tools available.

The best rationale for life insurance is knowing that the family will be able to function financially. Life insurance helps to remove one potential burden and insure that plans laid out for the family are able to be executed.

One common objection is the assumed compexity of purchasing life insurance. The different types of insurance available make the purchase seem complex. There is term life, whole life, universal life, variable universal life and the list goes on. Term life insurance is the best policy for most because it provides protection without the investment component provided by the other policy types.

Finding a reputable agent is another point of From my perspective it is a key component resistance. To find an agent, seek recommendations from trusted friends or relatives. I can provide several recomendations and will be happy to do so. Services like Select Quote or IntelliQuote provide quotes from several, financially strong companies with options that fit any situation. Talk with the insurance agent that provides your auto or homeowners insurance. There are many reputable contacts that can give

> direction to make life insurance a reality in your life.

> Determining the amount of life insurance to purchase is another perceived roadblock. An agent from a reputable company with any tenure will take good care of you because so much of their business is built on referrals. The amount of insurance purchased should equate with the amount of money nec

essary to maintain the family's standard of living. A loose equation for life insurance should look something like this; the amount of shortterm obligations/debt (car loans, credit cards, etc.), plus long-term obligations like your mortgage, college expenses, etc., plus the income to be replaced for a certain period of time, minus savings, investments, and other liquid assets. Below is a simple example.

Car Loans \$10,000 Credit Card Debt \$10,000 College Expenses \$30,000 Mortgage Balance \$250,000 \$300,000 Income Replacement (5 years) (Five years child goes to college and surviving spouse returns to work)

Less Saving and Investments - \$100,000 \$500,000 Total Estimated Life Insurance Need

Nobody likes talking about life insurance, but it is a major component of sound financial planning. Life insurance will protect the remaining family members when one of life's guranteed events, the other being taxes, occurs unexpect-

How to Buy Life Insurance Resources on the Web

http://www.marketwatch.com/story/howto-buy-a-life-insurance-policy-1304837548050

http://money.cnn.com/magazines/moneymag/money101/lesson20/ ■

If you have questions, comments, or an area of financial interest you would like to see discussed in The Park Press please call John at 407-353-0594 or send email to FiscalFitness@ymail.com. Follow John on Twitter, @john_gill1.







Club Season Evaluations

Saturday, November 2nd Ages 12 & Under Registration 9am-10am Evaluations 10am-12noon Ages 13-14 Registration 1pm-2pm Evaluations 2pm-4pm

Sunday, November 17th Ages 15-16

Evaluations 10am-12noon Registration 9am-10am Ages 17-18 Registration 1pm-2pm Evaluations 2pm-4pm



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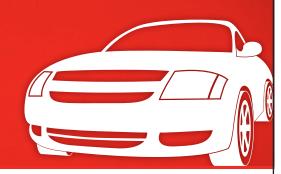
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BUSINESS

Business In The Parks

Jeremy Sloane, chairman of the board of directors for Community Coordinated Care For Children, Inc. (4C), is pleased to announce the appointment of Patricia E.



Frank as president and CEO of the charitable organization. Frank will assume the position after this month's retirement of Colleen Gallagher,

who has been with the 4C since 1984. Frank joined 4C in 1994 and currently serves as the vice president and chief financial officer. She will be the agency's fourth president and CEO in its almost 45 years of operation. Frank has a bachelor's degree in accounting from the University of Central Florida and a master's in business administration from the Crummer Graduate School of Business at Rollins College.

Elizabeth Villegas, vice president at Kuykendall Gardner Risk & Insurance Brokers, was recent-



ly appointed to the board of directors for the Winter Park Chamber of Commerce. Elizabeth has been with Kuykendall Gardner, where she is an insurance broker, since 2004. Elizabeth is a graduate of the W.P.Chamber's Leadership Winter Park Class XXII. She also attended Wellesley College, where she received a bachelor's degree in economics. In addition, she is an active member of the Winter Park Community Foundation Advisory Board.

Florida Frame House & Gallery recently celebrated the opening of their new location at 915 N. Pennsylvania Avenue in Winter Park. Owner Baxter Matthews said this was the seventh move during the 58 years of operations of the oldest framing galleries in Florida. For more information please visit www. floridaframehouse.net.

Marisa Worley has been hired as the director of development at A Gift For Teaching, Central Florida's



primary provider of school supplies that enable children to dream, create and experience success in school and life. Worlev has held several

development and public relations leadership roles in the community for the past decade, including those at the Florida Theatrical Association and Massey Communications. Most recently, she served as the senior director at the Winter Park Chamber of Commerce. A Magna Cum Laude graduate of Rollins College, she holds a Bachelor of Arts in Theatre Arts and a minor in Business Administration.

Michael S. Wallman has been named chairman of the SAC (School Advisory Council) committee at Glenridge Middle School in Or-



lando, Fl. The SAC committee assists the principal in developing a school improvement plan and evaluating the results of the plan in order to

help students achieve success.

Catherine D'Amico, an awardwinning real estate broker/sales associate with 24 years of experience, primarily in Winter Park, has rejoined Fannie Hillman + Associates where she previously served



CATHERINE D'AMICO

productive nine years (1998-2006) in that same capacity. Recognized as an Award of Excellence Realtor by Award of Excellence Realtor.

com and by Five Star Professional with Five Star status for exceptional service and overall customer satisfaction, D'Amico has been a multimillion producer throughout her career and has been named one of Orlando's top real estate agents by Orlando Magazine.

Over 800 scouts, scouters, and family members gathered at the annual Central Florida Council Recognition Banquet to award William E. Ruffier, managing partner of the Orlando based personal injury firm Dellecker Wilson King McKenna Ruffier & Sos, with the prestigious



NESA outstanding Eagle Scout Award (NOESA). The NOE-SA award is granted by the local council's NESA committee to Eagle Scouts who

have devoted a lifetime to their profession, avocation, community, and beliefs, at great sacrifice to themselves and their families. Mr. Ruffier has held several leadership positions within the Boy Scouts of America, including positions on the Central Florida Council Executive Board. He has been instrumental in fostering spiritual growth and leadership skills among Orlando's young men for many years.

Heart of Florida United Way (HFUW), Central Florida's most comprehensive health and human services agency, has appointed Danielle Orchard as its new senior director of donor relations. In this role,



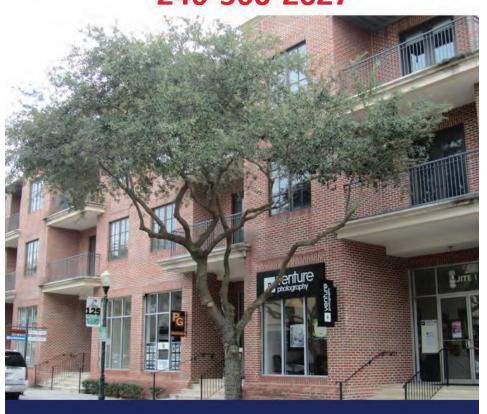
her responsibilities include the overall planning, research, strategic development, evaluation and implementation comprehensive major

gifts, donor relations and the Alexis de Tocqueville Society (ADT). ■



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pop culture detours by George McGowan

The "Threes" - Were They The Best Years For Music Of Their Decade?

Recently, I was tasked with doing the music for a friend's 40th birthday party. I took to this task like a duck to water, as they say. After some thoughts to just play my favorite music, I decided I would feature songs from the four decades of the birthday girl's life. That was too big of a task, so I concentrated on the years 1973, 1983, 1993, and 2003. I wasted several good hours researching all the popular songs of these years and came up with four playlists that (in my humble opinion) showcase the best of the each of these decades, from all the popular music genres. Which makes me wonder, were these years the best of their decade for music?

The only way to test this theory is to give you a list of some of the selections from each decade and see if you agree:

1973 had the following gems on the radio airwaves: "Killing Me Softly (With His Song)" - Roberta Flack, "Ballroom Blitz" - Sweet, "Yes-

terday Once More" - the Carpenters, "Behind Closed Doors" - Charlie Rich, "Frankenstein" the Edgar Winter Group, "Kodachrome" - Paul Simon, "Could It Be I'm Falling In Love" - the Spinners, "Rambin' Man" - the Allman Brothers, among many others. And some surprises from that year (at least to me): "Walk on the Wild Side" - Lou Reed and "Space Oddity" - David Bowie, which I would have thought were from the late 70s or early 80s, they sound so musically from another place and time.

The definitive song of 1973? My choice would be "Let's Get It On" by Marvin Gaye and my wife would say "Midnight Train to Georgia" by Gladys Knight and the Pips.

1983 had the following gems invading our homes through the power of MTV: "Every Breath You Take" - the Police, "Electric Avenue" - Eddy Grant, "1999" - Prince, "Come Back and Stay" - Paul Young, "Rockit" - Herbie Hancock, "It's Raining Men" - the Weather Girls, "Who's That Girl?" - Eurythmics, "Baby Come To Me" - Patti Austin and James Ingram, "Wanna Be Startin' Somethin'" - Michael Jackson, among many

> others. The surprises from that year, for me were: "Radio Free Europe" -R.E.M. and "Candy Girl" - New Edition, which when you listen to them back to back, and remember that they were both released in the same year, will simply blow your mind. One with a vocalist who seems to be coughing/ screaming out his cryptic lyrics, the other an unapologetic and complete

knock-off of 1960s Jackson Five.

The definitive song of 1983? My choice would be "Always Something There to Remind Me" -Naked Eyes and my wife would say "They Don't Know" by Tracey Ullman.

1993 was the year of hip hop and grunge battling it out for supremacy and included: "Rump Shaker" - Wreckx-N- Effect, "Cannonball" the Breeders, "Insane in the Brain" - Cypress Hill, "Plush" - Stone Temple Pilots, "Who Am I (What's My Name)?" - Snoop Dog, "All Apologies" - Nirvana, "The Sign" - Ace of Base, "What is Love" - Haddaway, "Dreamlover" - Mariah Carey, "Whatta Man" - Salt-N-Pepa and En Vogue, among many others. The surprises from that year: "She Don't Use Jelly" - the Flaming Lips and "Loser" - Beck, both of which sound like they came from another planet.

The definitive song of 1993? How about either "I Will Always Love You" - Whitney Houston or Whoop! (There It Is)" - Tag Team. I think both the wife and I would agree that it is absolutely, positively Whitney.

In 2003, at the beginning of a new millennium, we had some eclectic hits: "Crazy in Love" - Beyonce and Jay-Z, "Don't Know Why" - Norah Jones, "Hurt" - Johnny Cash, "In Da Club" -50 Cent, "Miss Independent" - Kelly Clarkson, "Milkshake" - Kelis, "Trouble" - Pink, "Lose Yourself" - Eminem, "Landslide" - Dixie Chicks, "Hey Ya!" - Outkast, and "Clocks" - Coldplay. The surprises from that year? How about "Seven Nation Army" - White Stripes and "Maps" -Yeah Yeahs? Talk about out of left field!

The definitive song of 2003? "99 Problems" -Jay Z for me and "We Used to Be Friends" – the Dandy Warhols for my lovely wife.

Each of my playlists is available on Spotify, if you want to check them out. They are named:

"That Lady - Part 1 & 2 (1973)"

"Wishing (I Had a Photograph of You) (1983)" "Hip Hop Hooray (1993)"

"Your Body is a Wonderland (2003)"

Check them out and let me know what songs I missed from these years!

Saturday, Oct. 19th, 2013 Silent Auction, Raffles, Door prizes FIRESTONE LIVE Poodle and Pooch Resc The Park Press • Event starts 5pm • player check-in 4:30pm • Player Donation- \$150 • 1 Spectator Donation- \$25 • 2 For- \$40 • Top 10 Players Win Big Prize Packages Including Vegas Trip For Two • Tournament is limited Location, Firestone Live in Downtown Orlando www.poodleandpoochrescue.org

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The Park Press | OCTOBER 2013 ARTS & ENTERTAINMENT

California, Here We Come - by Barbara Solomon

THE GRAPES OF WRATH

BOOK BY JOHN STEINBECK PLAY BY FRANK GALATI DIRECTED BY FRAN AND FRANK HILGENBERG

MUSICAL DIRECTION BY ROCHELLE WHEELER

STARRING BRANDON LOPEZ, JEFF HOLE & KATRINA WANNEMACHER

Anyone who thinks the world is bad now needs to see this play. It follows the trials and tribulations of the Joad family. We first meet them in the Midwest dust bowl of the mid to late thirties. They are packing what belongings they can take on a truck filled with 13 people and leaving for the promised land of California. Along the way they encounter many difficult situations, but they persevere, always encouraged by Pa (Jeff Hole) and Ma (Katrina Wannemacher). Right before intermission the Jodes arrive in California, and Act II revolves around the further disintegration of the family. No matter what, Ma is determined to hold the family together, and she ends Act II by saying, "Don't worry, we'll figure something out."

The cast of Grapes of Wrath is amazing, as is the band. If you are a devotee of Theatre Downtown you will recognize many of their fine actors in this show: Jeff Hole, Katrina Wannemacher, Tim Bass, John Kelly, and Rochelle Wheeler. Jeff and Katrina have great chemistry in their excellent performances as the head of the Joad household. Tim Bass stirs our hearts as the downtrodden preacher who needs to find a home for himself. John Kelly is wonderful as Grandpa, providing much comic relief with his find portrayal of an old man torn from the only home he has ever known. Rochelle Wheeler

is wearing three hats: narrator, musical director, and beautiful soprano singer. She has organized a band which is totally integrated with the action--six pieces, no less, comprised of a banjo, violin, guitar, ukelele, mandolin, and dobro. The music begins even before the action, with the haunting theme "Ashokan Farewell," lovingly played on the violin by Miguel Estevan. To add to our pleasure is the marvelous voice of Cameron Hentz, who also does a great job as Al, one of the Jode boys. But the most convincing actor on stage was Brandon Lopez as Tom Joad, a newcomer to Theatre Downtown. Let's hope we see much more of him in the future.

And what can we take away from our evening with the Jodes? It is best expressed in the preshow music of "The Sunny Side of Life," a call for hope for the future. This show is so good that we don't need any hope for it! What we can take away is our own hope for the future! I love the following lines Casy says at the beginning of the play: "Maybe it's all men an all women we love; maybe that's the Holy Spirit--the human spirit--the whole shebang. Maybe all men got one big soul ever'body's a part of."

Playing at Theatre Downtown through October 26. For more information call 407-843-5098 or visit theatredowntown.et. ■

Annual "Curtains Up!" Fundraiser

17

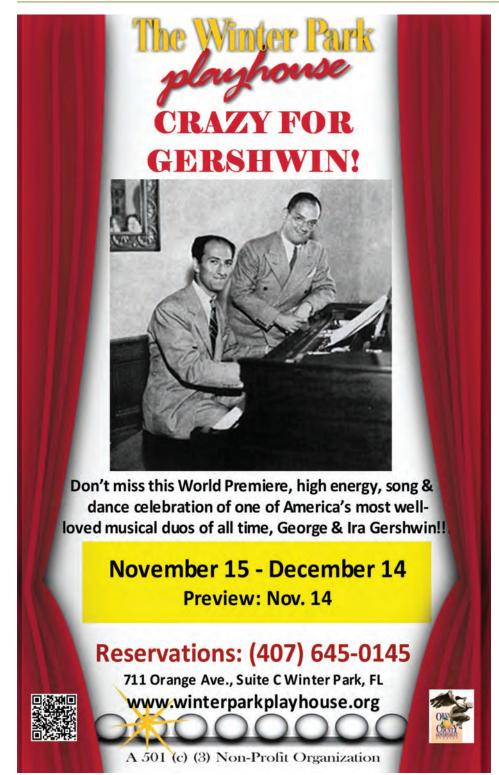
The Winter Park Playhouse will hold their annual fundraiser, "Curtains Up!" 2013, on Wednesday, October 9 at 7:00 p.m. The evening will feature a cast of the region's top professional actors in a "one night only" song and dance show.

Curtains Up! will be held at The Winter Park Playhouse and will feature catered hors d'oeuvres, an open bar, live auction, and an exclusive show featuring popular musical theatre performers such as Roy Alan, Heather Alexander, Todd Allen Long, Michael Edwards, Kevin Kelly, Candace Neal, Christopher Alan Norton, Kate Zaloumes, Alyssa Yost, Michael Swickard, Laura Hodos, and more. The Playhouse Trio- Christopher Leavy, Ned Wilkinson and Sam Forrest- will lend their musicianship to the evening.

"One of the very unique and enticing reasons for attending this evening is that you will see the region's top professional musical theatre performers all in one original show, on one evening!" said Dr. Judith Marlowe, Playhouse board president. "Add delicious food, an open bar, and auction fun, and you have a great night out with friends. What is most important though, is knowing that all the proceeds directly support The Winter Park Playhouse, a 501(c) (3) non-profit charitable organization, enabling us to continue our year-round programs as the only professional musical theatre in Central Florida."

Seating is limited and reservations are required.

Tickets are \$125 and can be purchased by phone, online or at the box office. For more information call The Winter Park Playhouse box office at 407-645-0145 or visit the website www.winterparkplayhouse.org.



Can Petruchio Tame Kate?

- by Barbara Solomon

THE TAMING OF THE SHREW

WRITTEN BY WILLIAM SHAKESPEARE DIRECTED BY JIM HELSINGER STARRING DEANNA GIBSON AND GEOFFREY KENT

This is one of Shakespeare's funnier comedies, and the audience ate it up. I'm always skeptical when Shakespeare is reset in a different era, but placing this comedy in the Wild West actually worked well. "The Taming of the Shrew" is the story of a father (John Ahlin) with two daughters of opposite temperament: Bianca (Melissa Mason), the sweet one, and Katherina (Deanna Gibson), the shrew. And is she ever, evidenced by her lashing tongue and bull whip, along with her accurate gunplay. Kate has met her match in Petruchio, who at first wants to marry her for her dowry, but then gets into the taming game and has a mountain of fun with it. The girls' father will not let the younger Bianca marry until Kate is wed, although she has a passel of suitors, who provide much of the humor in the play.

Several of the actors' performances stood out. John Ahlin was great as the patriarch, taking command of the stage. The two leads had great chemistry. Deanna was playfully enjoying her role as Kate, and played it to perfection, as did Geoffrey as her com-

manding suitor. Brad De Planche's comedic relief as Petruchio's servant, Grumio, was a bellyful of laughs, especially in the first act. The theatre has outdone itself on this set, and I must give recognition to Kat Conley, the scenic designer. Jim Helsinger's casting was auspicious and his blocking nothing short of superb. However, I really did not enjoy his overuse of the slapstick. Shakespeare's verse is funny in and of itself, and doesn't need any broad slapstick to enhance it. In my humble opinion, the slap stick takes away from the enjoyment rather than adding to it.

As Kate is being tamed, several of Shakespeare's lines revived themselves in my brain: "Kill a wife with kindness" and "It is the mind that makes the body rich" are my two favorites. Now, if I have made you curious as to how Petruchio tames Kate, I guess you'll just have to hie yourself over to the Orlando Shakes and find out. Playing through October 6 at the Lowndes Shakespeare Theatre at Lochhaven Park, 812 E. Rollins Street. For more information call 407-447-1700 or visit www.orlandoshakes.org.

Barb's Best Bets for October: "Other Desert Cities" at Mad Cow, and "I Love You, You're Perfect, Now Change" at The Winter Park Playhouse, Orlando's only professional musical comedy theatre. ■

18 GARDEN The Park Press | OCTOBER 2013

STEPHEN & KRISTIN PATEGAS

in the garden by Stephen and Kristin Pategas

Edgy Situation

There are times when the growth habits of spreading plants call for extraordinary measures to decrease maintenance and maintain the look of the garden. The level of maintenance ramps up when plants creep into, under, through and sometimes up

adjacent plants. We suggest the use of a physical edging that allows two different plants to co-exist without fighting.

A successful edge is long lasting and solid without gaps so plant stems can't creep through spaces. Choose one that is flexible and bendable enough to make curves and sharp angles. Since gardens evolve, edging should be easily removable. Plastic or metal edging won't decay, while wood which is less expensive is not long lasting. Avoid poured concrete which cannot be adjusted and is too strong of a visual statement. Edging should be functional but rarely seen, so keep the thickness to about one-eighth of an inch and avoid the thick rolled top plastic edging. Other considerations are the height of the edging. The roots of spreading plants may travel horizontally underground at various depths and may creep along the surface as well. So the edging height is determined by the growth habit of the plant it is to contain.

In our designs we specify the six-inch height Super-Edg by Oly-Ola Edgings (800.334.4647/ www.olyola.com) with stakes along beds of plants

Trim at the edging at the perimeter of the bed.

that creep in order to contain them and to define the edge for maintenance. Some plants creep below ground and an edge extending down into the soil can halt their spread. Other plants run along the ground before they root in. Use a barrier that



Concrete is expensive to install, highly visible and inflexible for landscape bed changes.



Installation of Super-Edg with stakes prior to planting.

rises above the surface to define the edge where they should be trimmed before they grow into adjacent plants.

Edging four inches in the ground and one inch above is fine for mondo grass. For dwarf Asian jasmine two inches in the ground and four inches above provides a good trimming edge. Clumping bamboo is typically controlled by trimming but to prevent it from travelling under a fence use a durable barrier such as 20 gauge galvanized steel 10 inches in the ground and two inches above. A running bamboo needs a three foot deep concrete wall that rises above the ground about four inches.

Plants that creep above and below ground (extend barrier mostly below ground to halt spread) include: mint, horsetail, cast iron plant, wire vine, mondo, perennial peanut, lady palm, bamboo, and sansevieria. Plants that run mostly above the ground before rooting in (extend barrier mostly

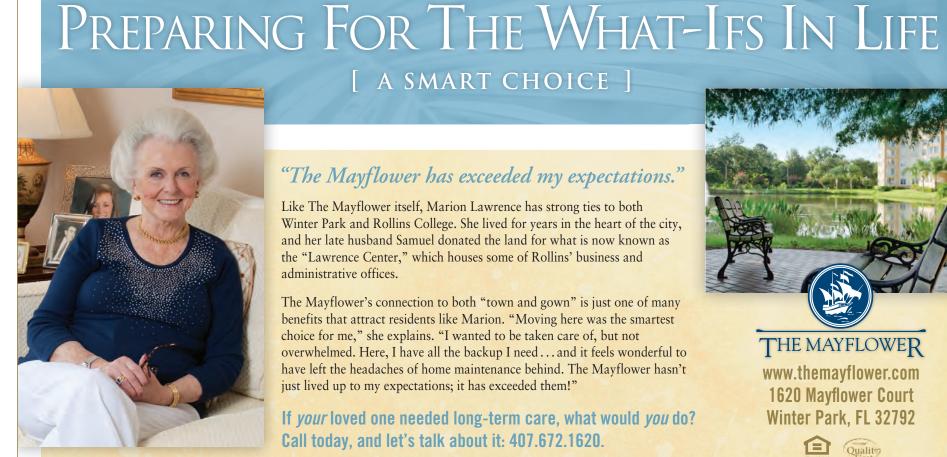
> above ground to define the perimeter of the bed): dwarf Asian jasmine, ivy, St. Augustine grass.

A word of warning is needed for spreading plants such as the invasive sword fern which will only be partially contained by edging since spores germinate where the breeze takes them. Meanwhile the also invasive Mexican petunia moves beyond barriers due to its way too fertile seeds. Skip the edging on these and rip out the plants.

Your referee duties will be over if you avoid invasives, select the proper edging and install it at the correct depth. 🔳

All photography by Stephen G. Pategas/Hortus Oasis

Hortus Oasis (FL26000315) in Winter Park is a boutique garden design company specializing in residential, commercial and specialty gardens. Stephen is a registered landscape architect and Kristin is a certified landscape designer. Contact them at 407-622-4886/garden@hortusoasis.com





The Park Press | OCTOBER 2013 FASHION 19

fashion by Kristina Mackinder

Meet The Newest Faces In Fashion



This peacock feather dress was designed by 18-year-old finalist Julia Chew, who likes to combine untamed nature with sleek sophistication in her line Xiaolin Fashion.



Two fashion designers, Cynthia Baker and Angelica Lazo, collaborated on this design for their brand TallyReNee



From her collection
"Little Venice," a handembroidered lace and
mesh dress by designer
Nailuj Villarroel.



Desere'e Marie Voight hand dyed the lace used to create this classically feminine, vintage inspired dress.



Finalist Cynthia Fountain Trinidad (center) hopes to attend school in London to pursue a master's degree in menswear.



Designer Dali Hernandez (left) and model wearing a design using crushed tulle.



Emerging Designer Judges (I-r): Melissa Vivo, Kristina Mackinder, Tuni Blackwelder, Christy Ashby, and Rafael Tongol.

Every year

Park Avenue Fashion Week



Swimwear designer Katrina Koory (right) is inspired by vintage pin-up girl looks. In an interview she mentioned that Katy Perry is her ideal celebrity client.

attracts an array of up-and coming talent for the Emerging Designer Competition. The designers bring a fresh perspective and a dream to make their mark in the fashion industry. This year, out of a field of 20 applicants, ten semi-finalists were selected to compete in a three-look runway show hosted at Maxine's on Shine. Three finalists were named and one winner will be selected to have a ten-look runway show during Park Avenue Fashion Week. Tickets for the show on October 19 are available at www. parkavenuefashionweek.com.



Three looks from finalist Lile Useche's collection "Barcelona 4:00 a.m."

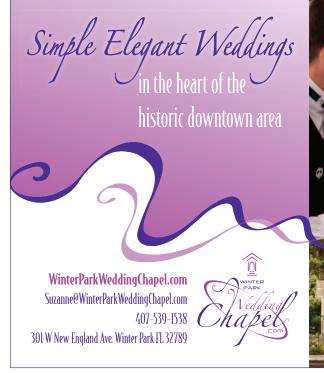


As a child designer, Elizabeth Rishavy practically lived in museums and at the library soaking up the inspiration for her jewelry line House of Rishavy.



Front (I-r): Dali Hernandez, Elizabeth Rishavy, Julia Chew (finalist), Lile Useche (finalist), and Maxine Earhart event hostess and PAFVV EmergingDesigner Chair. Back (I-r): Katrina Koory, ReNee, Cynthia Fountain Trinidad (finalist), Desere'e Marie Voight, and Nailuj Villarroel.

Photography: Steve Graffham and Anna Nash, Winter Park Photography











The Park Press | OCTOBER 2013 20 **HEALTH & WELLNESS**

live meaningfully by Ayesha G. Bullock, M.A

Decide What 'Grade' You'll Get

There's

something

downright

hopeful and

exciting about

the fall.

squeezed into moments, hours, days or even months.

As I look back on the summer and all of the life that happened therein, I am astonished by how

predictably time passes yet how profoundly life can change. I have had a very, very good summer. Life has treated me kindly and a number of the plates I didn't even know I was spinning seem to have taken on their own directional momentum.

I have had the honor and privilege of releasing a

number of clients to go out into their own worlds and prosper, I have come to the end of some significant professional accomplishments, I have had the good fortune of seeing a bit more of this beautiful planet and the wholehearted blessing of marrying a wonderful man. Despite sweltering heat and crazy schedules - it's been a lovely summer.

So now, with a new coat of paint both literally on my home and figuratively on my life, I am eager to begin the fall.

There's just something about autumn (albeit still rather humid in this part of the world) that invites possibility. I don't know whether it's the nostalgia from when we were children beginning a new school year, or it's just the weather beginning to cool and the hint of holidays yet to come... but there's something downright hopeful and exciting about the fall. Everything, from the kids beginning another adventure in a new class to college

What a whole lotta life can be football rankings coming out weekly, smacks of potential and possibility. And I, for one, can't get enough of it.

> So – as we truly get into the swing of things this fall, I find myself plotting and planning the business of getting in all of the loveliness I'd like to have before the holidays arrive and the end of the year speeds quickly by.

Perhaps this fall I'll: take my nephews to the Corn Maze, run that 5k, do a girls' night out for PAFW, get the gang together for College Park Jazz Fest, properly tour the art festival, Christmas shop early... the possibilities are endless and we live in a fabulous town to indulge in as many as we can.

> Note - the things I am intentionally not planning are: the days and nights wrapped up in work stress, the minutia of the neighborhood gossip angst, the pinch of our "grown up" and financial responsibilities, the anticipatory anxiety of the yet unknown. None of those make my Fall To-Do-List. None of those (or their numerous evil step-cousins of worry) have the importance that real life, in all its wonder, should and could.

Therefore – what's on your fall to do list? Is it nagging the kids to finish their home-

work every day... or is it planning a worthy adventure once they have?

It's all, of course, easier said than done - but what better time to decide what 'grade' you'll get this year than in the fall? Wishing you straight A's.

Be Well; Live Meaningfully.

'til the next time,

Ayesha 🔳

Ayesha G. Bullock, M.A. practices at 2150 Park Avenue North as a Licensed Mental Health Counselor and can be reached at ayesha@livemeaningfully.net or 407.796.2959

via direct cell phone and email

Individualized health care regimen

that focuses on preventative care

Flu Shots **Available At Baldwin Park Publix**

The flu season has arrived earlier than usual, but the good news is that the Baldwin Park Publix has plenty of influenza vaccine, as well as the influenza high dose vaccine (for patients over 65) on hand to address the community's needs. The vaccine is recommended yearly for everyone six months of age and older, and pharmacies can vaccinate persons 18 years of age and older. For persons under the age of 18, please consult with a pharmacist or doctor. The vaccine cost is \$27.00, however the majority of the insurance providers cover this vaccination at no charge. No appointment is necessary and your neighborhood Publix Pharmacy is happy to address any questions you may have. The Baldwin Park Publix is located at 1501 Meeting Place. For more

information please call 407-897-7373, or visit www.publix.com.



Dr. Neha Doshi has chosen to practice Concierge Medicine to deliver the health care that you deserve. By limiting the size of her practice, she is able to sustain and enhance her style of practicing primary care medicine, while insulating her patients from the impending changes in the health care system. Concierge Care requires payment of an annual membership fee for services that are not covered by insurance plans (equivalent to less than \$4.25 per day).





Healthcare educational materials prepared

especially for each patient

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School District Update

Nancy Robbinson, Orange County School Board Member, District 6



Welcome back to school and the routine it brings for families. I know although I enjoyed a fun and free summer with my oldest daughter getting married and moving halfway across the country I'm glad to be back in the routine of things with school back in session!

We have a few new faces in some of the schools that this pub-

lication serves. At Maitland Middle we have a longtime employee with OCPS now heading the school as principal, Dr. Stefanie Shames. At Glenridge Middle we have a familiar face in the lead because he just moved down the street; Trevor Honohan from APE is now the Glenridge Middle principal. And we have a familiar face to some families at Audubon Park Elementary as the new principal; Anna Garrido was once the assistant principal there then served at another elementary school and is

back to head things up at APE. Welcome to all our new administrators and faculty!

Along with the principal changes we also have some facilities changes as well in the Parks. The original Audubon Park site on Falcon Drive currently is home for Lake Silver Elementary for this school year until their new facility is completed in College Park for the fall of 2014. After Lake Silver swings out of the site then the school district will start looking to rebuild the facility to help alleviate overcrowding at the current Audubon Park site in Baldwin Park and Glenridge Middle by hopefully building a K-8 facility for the community to enjoy.

The decision on whether to build a K-5 or K-8 school won't be made though till after the voters have had a chance to weigh in on whether they will support the renewal of the ½ cent sales tax that has been reconstructing the schools in Orange County since 2001. The continuation of this tax will be on the ballot in the fall of 2014 and the outcome of the

vote on the tax will determine the fate of the original Audubon Park site's reconstruction as well as 38

other schools in Orange County that haven't been renovated yet. Also, the dollars raised from the ½ cent sales tax continuation will go towards keeping up with the expense of keeping all of our schools technologically updated. OCPS is currently preparing our students for jobs that don't exist yet, to work on technological tools that don't exist yet and to solve problems that haven't even been determined yet. The technological advancements are moving at an amazing rate and we've got to do our best to stay on top of it for our students today.

Please stay tuned and stay informed to keep upto-date on all that's happening with Orange County Public Schools. Thank you for allowing me to serve our community, students and teachers and feel free to contact me anytime with your ideas, thoughts and concerns for our school district!

nancy.robbinson@ocps.net • 407-310-9194



The newly formed Brookshire Fund has already helped our school. The Brookshire Fund Board, led by the president, Eric Katauskas, has purchased nearly 200 student response systems for our school. the Brookshire Fund, we are having These remote devices are commonly: a Brookshire Homecoming event on

HuntingtonHelps.com

vide every student in a classroom the . You will be able to see the inside of . opportunity to interact simultane-: our new building and the technol-: through the YMCA with Ms. Barrett ously with our new SMART Boards. ogy in our classrooms, purchase a this year: This instantaneous feedback allows: paver engraved with your name or: 1.) A Young Adults Book Club, which the teacher to modify the lesson as imessage, and have dinner from one needed. These clickers also keep the of the many food trucks that will be students engaged for longer periods.

If you want to learn more about referred to as clickers and they pro- October 10 from 5:00p.m to 8:00p.m.

NOVEMBER 30, 2013

on location. We hope the Brookshire Fund will be able to provide another • layer of financial support for our students for many, many years.



We are proud to announce the release of the first issue of "Through our: Eyes" - a digital news feature created: and written by our seventh-grade: Journalism students and eighth-: grade Yearbook students. They've: been busy these first two weeks of school conducting interviews, taking photos and working hard to bring you the stories that feature the Glenridge Middle School experience. In this first issue, learn about a seventh-grade artist who designed the Student Planner, see stunning: photos from The Courtyard, and get: Two clubs are being offered

- is also looking to form a "Battle of the Books" team to compete in May against other schools and
- 2.) A peer tutoring, "Study Buddy"

We are meeting every Tuesday and Thursday after school from 4:00-5:45 p.m. in the media center. All students must fill out a YMCA form and report to the cafeteria after school on these days, then Ms. Barrett will take them to the media center.

Young Adults Book Club: The young adults' book club is a place for students to make friends and bring friends together to read, think, breath, and talk about books. Students will be given opportunities to share and recommend all genres of books they have already read or want to read with others in the club and across campus, through meeting in person on our club days and via www.Goodreads.com. This club will also help spread our school's pride the scoop on three new staff mem-; of literacy on campus and our love bers. Please take a moment to enjoy: of books, through various creative this first issue. We look forward to book promotions, advertisements, providing you with many more to : crafty and artsy book displays, bulcome! Here is a link to the newsflah: Letin boards, etc. They will also be in





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charge of coming up with monthly book-themed events to host for the school. We will be meeting over the following Tuesdays and Thursdays to start brainstorming unique ways to get the word out to Glenridge about great books. If your child would like to participate and check the club out, or you would like to volunteer in this or email Ms. Barrett, at Jamie.Bar-: rett@ocps.net.

Study Buddy Club: This club is a place for all students to come, help, or be helped, by other students in their academic studies. There will be independent, oneon-one and small group time for students to come teach what they know to other struggling students or come get some extra support in areas they are

trying to strengthen. There may also be opportunity for IB Honors, IB students and National Honor Society to get community service hours. Later in the year, this club will also be giving test prep activities in reading. If parents and meet the academic needs your child is interested in participat- of our diverse community. As the ing, please pick-up a YMCA form : year progresses, we will share more : from Mrs. Cook in the media center: specifics about our academic goals. or email Ms. Barrett, at Jamie.Barrett@ocps.net.



Lake Sybelia Elementary Principal Dr. Julie Paradise

Our school year is off to a great start and our students, teachers, and wonderful learning year. Our PTA hosted a Back to School Bash with: mingle. Our PTA is also sponsoring enrichment classes for our students. These classes include opportunities

in cooking, dancing, art, and science. Our Walking School Bus is up and running. We have two routes and about 45 students who walk to school every Wednesday morning as a group. We have a Sandspur route and a Lake Sybelia route. Both routes: have designated adults who walk: with the students to keep everyone: safe. We encourage all of our students who live within walking distance to hop on the Walking School Bus and start their day the healthy way. Lake and families to make healthy choices. • go, Mrs. Basalari!

Our PTA in conjunction with our library will be hosting our annual: book fair during October. Our students and staff are able to purchase books and some of the proceeds come back to the school to be used in the library. Thursday, October 17, will be our Storybook Parade which features students and staff members dressed as storybook characters. Our book fair will remain open during this time in order to give our parents time to shop with their children.



FREE app The Park Press available on iTunes and Google Play.



Lakemont Elementary

Principal Dr. Brenda Cunningham

We have had many exciting events take place already this school year. We had our annual Open House on September 17, and many parents: and students attended. Our first: project, please pick-up a YMCA form: PTO Family Movie Night was also: from Mrs. Cook in the media center: another big success and we look forward to more fun Family Nights to: success of your child. come!



Math Teacher of the Year Jennifer Basalari (5th from left) and members of the OCPS School Board.

Our School Advisory Council: is up and running and the group is beginning to look at our new School Improvement Plan and ways we can more effectively communicate with •

We'd like to highlight one of our : for all that you do staff members, Mrs. Jennifer Ba-: and if you have any salari. Mrs. Basalari was chosen as the OCPS Elementary PRISM Math Teacher of the Year and was recently recognized at a school board meet-

Mrs. Basalari spread her expertise parents are settling in to another nationwide as a math consultant for Everyday Math, presented district math trainings for OCPS, and was food trucks and families. This was an : a math and science coach. Now she opportunity for our parents, teach-: is serving up breakfast as fourth and: ers, students and PTA to meet and : fifth grade students crunch numbers and solve problems as part of the Lakemont Mathletes early every Wednesday morning. Students are learning to think critically and solve problems as a team, like STEM (science, technology, engineering, and math) challenges. Then this team of mathletes travels the east area of OCPS competing against other teams vying to be the top math students in the county. This instruction filters: down into her classroom because: she understands how numbers in-: teract to solve problems AND can: share this knowledge with students: in such a way that they understand: Sybelia is a Healthy School and we too. We appreciate all she does for are always encouraging our students • our school and our students. Way to

Come learn with our children and become part of the Lakemont community as an ADDitions school volunteer. Lakemont is always seeking extra-special people who are committed to making our school the best. You can be the person who offers special attention and care that will inspire our students to reach for and realize their dream. From cutting, gluing, and pasting, to reading a story, or being the extra pair of hands during a science experiment, and more, Lakemont students need you! Go online to http://volunteer. ocps.net to fill out an application and contact our ADDitions Coordinator, Mrs. Cindy Clark. You can reach: her at 407-623-1453 x3542224 or via e-mail at cynthia.clark@ocps.net. We appreciate your continued support

of our students and our school.



Maitland Middle School

TAWKS Principal Dr. Stefanie C. Shames

Hello to our Golden Hawks Family. It has already been a busy first few weeks of school. We are off to a great start and I appreciate everyone's support so far this year. Your involvement as a member of the Golden Hawks Family is vital for the : tribution to society. Jobs spearheaded

boys and girls soccer teams: the way we learn. are doing great. Our perplanning for an exciting trip to New York next spring. Our news crew team and their videos have been recognized for their outstanding work.

Please make sure if you pick up your student by car that you should pick them up near the cafeteria, not in the front of the school itself.

Thank you again questions regarding your child or any events taking place at the school do not hesitate to contact us.

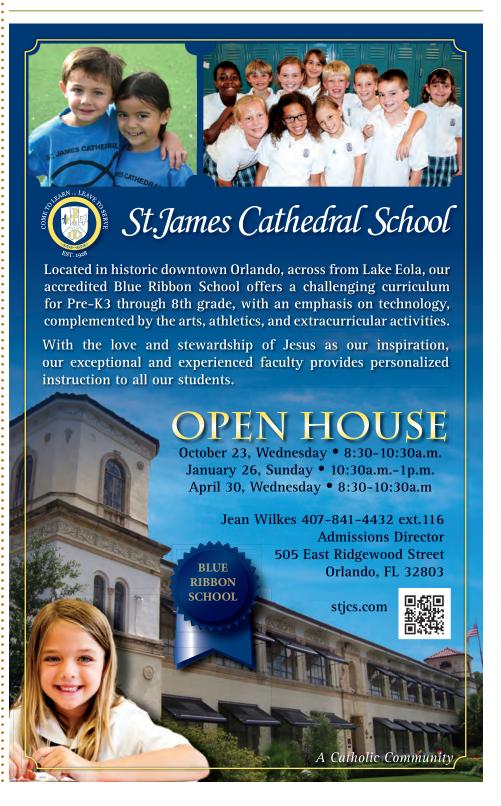


OSS Celebrates Steve Jobs Day

What comes to mind upon hearing the name Steve Jobs? Innovator ... Visionary ... Savvy businessman? Whatever it might be, Steve Jobs Day (October 16) commemorates his coninventions that revolutionized many Soccer season has started and the : industries, including education and

At Orlando Science Schools (OSS), forming arts programs are we believe that incorporating techalready working hard and inology into the classroom helps develop a savvy and knowledgeable future workforce. Continuing our program started last fall, OSS students will be issued an iPad for in and out of school learning. We Just a reminder that our : think it's important to not only moschool hours are 9:30 a.m. tivate students for academic achieveto 3:50 p.m. Monday, Tues-: ment, but also introduce them to this day, Thursday and Friday. : technology early, especially those On Wednesday dismissal is 2:50 p.m. : who might not have such devices at





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home. It's not likely this is the last time they'll have to use them either. By the fall of 2015, half of classroom instruction must use digital materials, according to the Florida Legislature. By motivating students to succeed, while providing access to the most engaging learning tools, OSS will continue to celebrate Steve Jobs' legacy of innovation.



Synergy at its Best!

Park Maitland students launched a brand new school year ready to "connect" and "synergize"!

There are countless opportunities to learn the skill of synergy at Park Maitland School! The youth of today must learn to interact, problem solve, and collaborate with others in order to thrive as leaders in the 21st Century!

What does it mean to synergize? "Two heads are better than one." Synergy is the habit of creative cooperation. It is teamwork, open-mindedness, and the adventure of finding new solutions to old problems. But it doesn't just happen on its own. It's a process, and through that process, people bring all their personal experience and expertise to the table. : Mass with our Pastor Father John Together, they can produce far better results than they could individually. Synergy lets us discover jointly things we are much less likely to discover by ourselves. It is the idea that the whole is greater than the sum of the parts.



Park Maitland sixth-grade students synergized to create sand sculptures on their recent beach sleepover.

to create and design their own ver- faith. sion of U.S. postal stamps. Third graders synergized with their peers to plan imaginary trips around the world! Students in our Smart-Tech classes practiced synergy on their: student "Facebook" page called Ed-: modo. This page gives them an online platform where they can post and critique each other's classwork and projects.

Children at Park Maitland School are learning that valuing differences is what really drives synergy. Differences should be seen as strengths, When students: not weaknesses. learn to synergize (respect differences) at school, they tend to understand: others and will not fall victim to being a bully or being bullied. They will learn the importance of working : with others to solve problems and create solutions.



St. James Cathedral School was honored to host and celebrate Grandparents Day. The theme for this year's event was "Nourishing Our Roots in God's Love" and the school: was decorated with garden vegeta- 🕻 "roots" and joy grandparents and: special grand-friends share with us. The vegetables were later donated to a local food pantry.



Grandparents Day Chairs, Carrie Conti and Wendy Thomson, welcomed our grandparents, parents, students and faculty with an overview of the special day and asked everyone to be aware of the many examples of being "nourished in God's love." Grandparents attended:

McCormick as the celebrant, and enjoyed a musical presentation from the students. Father John spoke about the importance of family and the role grandparents play in guiding their grandchildren in their lives and faith. To

celebrate the lives of those grandparents who passed away since 2011, Garden

school. After Mass, grandparents visited their grandchildren's classrooms, had family photos taken and were presented with prayer cards and commemorative coffee mugs. The grandparents were: treated to a picnic lunch

Students at Park Maitland have huge success with over 350 grandalready practiced synergy so far this parents in attendance! With the help school year! In fifth-grade English of more than 50 parent-volunteers class, students worked together to and the support of the students, faccreate "preposition videos." First ulty and staff the event culminated in graders collaborated in small groups • a beautiful celebration of family and



Trinity Lutheran School is off to an amazing start for the 2013-2014 school year! The students and staff have come in with infectious energy that continues to spread around the campus to our parents, visitors and to the families in our Child Development Center.

The Trinity Vikings kicked off the month of September with Student Council Elections, our Scholastic Fall Book Fair, and Grandparents Day. We are always excited to welcome: our grandparents for Chapel, allow: them to browse through the Book: Fair and spend quality time in our classrooms. It is an event we look forward to every year!

This month, our K-8 students will: be making their annual field trip to : immediately when they were paired watch the Orlando Philharmonic: Orchestra. On Friday, October 18, we will host our annual Oktoberfest event for our families on our campus. Our largest fundraiser of the year, the Race for Education, will take place on Friday, October 25! Parents, staff, and students cheer our own Viking: bles and sunflowers to symbolize the : students (toddlers- eighth grade) as : they take turns running laps around: our campus, in our full-size gym: or our playgrounds. Families and their big brother or sister is during friends have been invited to sponsor our students during the race. All money raised will assist the teachers and staff at Trinity Lutheran School to continue to offer a high-quality, Christian education. The last event in October is our annual Halloween: parade! All children from Infants through Kindergarten dress up and parade around the block to show off the various costumes that our children are dressed in! We look forward to the holidays that are just around the corner!



Senior Investiture is a tradition that begins each school year at Trin-



Crosses were displayed: ity Prep. At an all-school chapel seraround the Tree of Life: vice in August, each member of the : High School Foundation continues located in front of the : senior class was acknowledged and : to raise funds for further upgrades made the following pledge:

> We, the Class of 2014, pledge to fulfill our call to action through leadership, service and camaraderie. We promise to rise to the challenge and lead by example with passion and dedication. With the diversity of talents and interest of our class, we will: one day change the world.

> the upcoming year. The seniors also: receive special privileges, which infor lunch.

The seniors' role as leaders began up with their sixth-grade little brothers and sisters. This program celebrates the beginning and the conclusion of a student's time at Trinity Prep. For sixth graders, having a big brother or sister helps them feel like part of the Trinity family. For seniors, it's an opportunity to be a mentor and to reflect on their own progress since sixth grade.

The sixth graders discovered who a ceremony that mirrored how the seniors will receive their diplomas around senior rock. The ceremony ended with sixth graders and seniors greeting each other on the quad. Later, the seniors rejoined their new sixth grade friends for a pizza lunch.



Raising the Curtain

Winter Park High School's Ann Derflinger Auditorium has been the site of many performances delighting families in the Winter Park area for over 40 years. Our orchestra, chorus, band, guitar and drama programs all utilize the auditorium. The venue is an active place, vital to our perform-

> ing arts programs. Built in 1969, the auditorium is now in need of renovation work and upgrades. Winter Park High School is excited that our community auditorium is receiving a new lighting system in addition to other behind-the-scene upgrades! The project started the week before Labor Day and work is projected to be completed in approximately 12 weeks.

Simultaneously, the Winter Park and enhancements. The fundraising initiative, Raising the Curtain, began last year. Audio equipment is one of the auditorium components that may be improved from the foundation's efforts. Interested supporters of this fundraising project are invited to visit the school's website where a Winter Park High School Founda-At the Senior Investiture cer-: tion link exists. Donations are able with their grandchil-: emony, the Class of 2014 assumed: to be made through the link. Winter dren. The event was a ! leadership of the student body for ! Park High School appreciates the tremendous community support that has existed since the school's doors clude permission to go off campus opened in the 1920's and continues to this day! ■



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COMMUNITY **CALENDAR**

Audubon Park Garden District Events Ongoing Events

Every Monday night Community Market – 6:00 to 10:00 p.m. at Stardust Coffee parking lot located at 1842 East Winter Park Rd. For information call 407-590-8776.

First Monday of Every Month To celebrate their 50th anniversary, admission to Leu Gardens is free the first Monday of each month during 2013. For more information please call 407-246-2620 or visit www.leugardens.org.

First Mondays of Every Month Story Time - 10:00 to 10:15 a.m. infants to 18 months, 10:20 to 10:35 a.m. toddlers, and 10:40 to 11:00 a.m. preschoolers at Leu Gardens located at 1920 N. Forest Avenue. For more information please at 407-246-2620 or visit www.leugardens.org.

October 5 Annual Zombietoberfest and Garden District Pub Crawl - 6:00 to 10:00 p.m. along Corrine Drive. For more information please visit www.apgardens.com.

October 12 Jazz'n Blues Stroll - 7:00 to 10:00 p.m. at Harry P. Leu Gardens Featuring The Betty Fox Band, the Otto Gomez Group and The Hooba Hoobas. For more information please call 407-246-2620 or visit www.leugardens.org.



October 25 Ghost Stories – the creaky gates open at 6:00 p.m. with stories beginning at 7:30 p.m. at Leu Gardens. Bring a blanket or chairs - this is an outdoor event, weather permitting. Hotdogs, sausages, drinks and "treats" available to purchase. Warning: due to the nature of the stories, this event is not be suitable for young children. For more information please call 407-246-2620 or visit www. leugardens.org.

October 26 4th Annual Spirit Stroll – 7:00 p.m. to midnight in the Baldwin Park Village Center. Proceeds benefit Audubon Park and Glenridge Middle School. Advanced tickets are \$20 and you must be 21 or older to participate. For more information, go to BrightsideEvents.org.



November 1 Date Night at Leu Gardens 7:30 p.m. at Harry P. Leu Gardens located at 1920 N. Forest Ave. Pack a dinner picnic basket and a blanket or chairs, alcohol is permitted. For more information please call 407-246-2620 or visit www.leugardens.org

Baldwin Park Events

October 5 Stroll 'n' Roll Event To Benefit Central Floridians With **Disabilities** – 8:00 a.m. at Harbor Park. This event is hosted by the Center for Independent Living. For more information please visit www.cilorlando.org.

October 24 Halloween Hustle 5K Race to End Childhood Hunger - 5:00-10:00 p.m. in Baldwin Park. From trick-or-treating and Halloween-themed carnival games for the kids, to live entertainment, food trucks and beer/ wine for the adults, the frightening festivities are fit for all ages. Costumes are strongly encouraged. This event is hosted by the Junior League of Greater Orlando. For more information please visit www. halloweenhustlewithus.com.

College Park and Orlando Area Events Ongoing Events

Every Wednesday Belles and Beaus Dance Club has dances every Wednesday from 7:00 to 9:30 p.m. at the Marks Street Recreation Complex located at 99 E. Marks Street. Join in for an evening of fun and dancing to music by the Soft Touch band. Refreshments are available. Singles and couples are welcome. Cost: \$5.00 per person. For more information please call 407-277-7008.

Every Thursday College Park Farmers' Market - 5:00 to 9:00 p.m. located at 1600 Edgewater Drive. For information call 407-999-5251.

Every Sunday Downtown Orlando Farmers' Market - 10:00 a.m. to 4:00 p.m. at Lake Eola. For more information call 407-



Monday - Friday each week Seniors' Program in College Park - 9:00 a.m. to 1:00 p.m. at the College Park Community Center located at 2393 Elizabeth Street. For information call 407-246-4361.

First Friday of Each Month The Art Stroll of Ivanhoe Village - 6:00 to 9:00 p.m. on Orange Avenue between Princeton and New Hampshire.

October 11 19th Annual Fat Guy's Golf For the

Kids - 7:00 a.m. at the Celebration Golf Club. Proceeds benefit the Threshold Center for Autism. For more information and to register please visit www. fatguyopen.com.

October 11 6th Annual Shaken & Stirred – 6:00-10:00 p.m. presented by Private Wealth Management to benefit New Hope for Kids. For more information or to secure your reservation and purchase, please call 407-331-3059 ext. 10 or visit the website www.newhopeforkids.org/ casino.

October 14 U Can Finish 5 Miler & 2 Mile - 7:30 a.m. at the University of Central Florida Memory Mall. All proceeds benefit the Track Shack Foundation and 4Ever Knights Student Alumni Association. For more information please visit www.trackshack.com.

October 15 Moonlight Stroll through Greenwood Cemetery – This tour is guided at 9:00 p.m. by the city archivist Mr. Don Price. For more information regarding this free tour please visit www.greenwood-cemetery.net.

October 18-19 Fourth Annual Swan and Dolphin Food & Wine Classic – 4:30-9:00 p.m. For tickets and more information please call 800-227-1500 or visit www.swandolphinfoodandwineclassic.com.

October 26 Annual Jazz Fest – 6:00-11:00 p.m. along Edgewater Drive. For more information please visit www.collegeparkpartnership.com.

November 7 The Orange County Retired Educators Meeting -10:00 a.m. at College Park United Methodist Church located at 644 W. Princeton Street. Anyone who has worked in education is invited to attend. For more information please visit www.ocrea-fl.org, or call 407-677-0446.

Maitland Events

Ongoing Events

Every Sunday Maitland Farmers' Market at Lake Lily

Every Tuesday Preschool Stories 10:30-11:30 a.m. at the Maitland Public Library located at 501 S. Maitland Avenue.

Every Thursday Healthy Maitland Walk 6:30 a.m.; babytime 10:30 -11:30 a.m. and Adventures w/Books Club 2:30-4:30 p.m. at the Maitland Public Library.

October 11 Soup Bowl Supper – 7:00 to 9:30 p.m. at St. Mary Magdalen Catholic Church. This event supports the work of Pathways to Care in providing a safe place to heal for homeless men and women recovering from serious illness and injury. For tickets and more information please visit www.cflcc.org/ soupbowlsupper.

October 26 Vehicles for Veterans – 10:00 a.m. to 2:00 p.m. 8700 Maitland Summit Blvd. in front of the Dwell Luxury Apartments. Event includes live entertainment and food. All proceeds benefit the local VOAF. To register your vehicle, or more information, please visit www.vehiclesforveterans.bpt.me.

Winter Park Events Ongoing Events

Every Saturday Winter Park Farmers' Market - 7:00 a.m. to 1:00 p.m.

Every Saturday Line dance class -10:00 a.m. at the Winter Park Community Center. Beginners are asked to come at 9:30 a.m. to learn the basic steps. For more information please call 407592-7835.

Every Tuesday and Thursday "Hands-on Gardening" - 9:30 a.m. - noon at the Albin Polasek Museum & Sculpture Gardens. For more information regarding this free year-round event please call 407-647-6294.

Every Tuesday and Thursday Beginning Pilates class -5:15p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Monday - Friday "Art in Chambers" exhibit - Monday through Friday from 8:00 a.m. to 5:00 p.m. This free exhibit is on display at the City Hall Commission Chambers located at 401 Park Avenue South.

Every Tuesday, Friday and Saturday Winter Park Benefit Shop - the shop is located at 140 West Lyman Avenue and is open from 9:30 a.m. to 1:00 p.m. on Tuesdays and Fridays, and from 10:00 a.m. to 1:00 p.m. on

Saturdays. Donate or purchase clothing, bedding, jewelry, kitchenware and more. Proceeds benefit various children's programs and the local branch of Orlando Blind. For more information please call 407-647-8276.

Every Tuesday Beginning Pilates class – 5:15 p.m. at the Winter Park Community Center. For more information please call 407-671-9599.

Every Sunday "Music at the Casa" – this free event featuring professional musicians and performers is hosted at Casa Feliz every Sunday from noon - 3:00 p.m. For more information call 407-628-8200 ext. 3 or visit www.casafeliz.us.

October 3 "Sexy Succulents – Low Care/Low Water Plants that take the Heat" by Stephen and Kristin Pategas of Hortus Oasis - noon to 1:00 p.m. (bring lunch!) at the Winter Park Public Library. Cost is \$5 per session, and to register please call 407-623-3279 or visit www. wppl.org

October 5 "Test the Waters" Fishing Tournament - 7:00-11:00 a.m. at Martin Luther King Jr. Park. For more information please visit www.cityofwinterpark.org.

October 10 Popcorn Flicks – 8:00 p.m. at the Central Park Main Stage featuring "House on Haunted Hill."

October 10, 11 and 12 "Alice in Wonderland" presented by **Trinity Prep** – All tickets \$5, and for more information please visit www.trinityprep.org.

October 12 and 13 40th Annual Winter Park Autumn Art Festival

- Celebrate 40 years of Florida artists at a free sidewalk art show. The two-day event features quality visual art by 150 Florida artists, live entertainment on the Central Park stage, children's art activities, and more! For more information please call 407-644-8281 or visit www.autumnartfestival.org.

October 13 – 19 Park Avenue Fashion Week

- Join the boutiques along Park Avenue for a week-long celebration of fashion and design, complete with designer meet-and-greets, trunk shows, VIP parties, special sales and more! The Runway Show is held at the end of the week as the grand finale in a 20,000-square-foot, air conditioned tent in Central Park West Meadow. For tickets and more information please call 407-644-8281 or visit www.parkavenuefashionweek.com.

October 17 CoffeeTalk – 8:00 to 9:00 a.m. featuring Commissioner Carolyn Cooper at the Winter Park Welcome Center.

October 19 4th Annual Pumpkin Run – 6:30 a.m. at Mead Gardens. This is a family-friendly 5K for all ages and is hosted by St. Margaret Mary Catholic Church and St. Stephens Catholic Church. All proceeds benefit Haiti Mission Projects. For more information please visit www.stmargaretmary.org.

October 24- 27 "The Crate and Other Stories" presented by Trinity Prep. All tickets \$5, and for show times and more information please visit www.trinityprep.org.

October 26 Pumpkin Bash! 10:00 a.m. to 12:00 p.m. at the Winter Park Village. Event includes a kid costume contest, cupcake decorating by Publix and music. For more information please www.shopwinterpark.net.

October 27 Free Admission at the Polasek - The traditional day of Czechoslovakian Independence will be celebrated with free admission to the Albin Polasek Museum and Sculpture Gardens 1:00- 4:00 p.m. For more information please visit www.polasek.org.

October 31 Feed the Need Winter Park Kick-off – 10:00 a.m. at 401 S. Park Avenue. Join Mayor Ken Bradley, Rollins College President Lewis Duncan, Winter Park Chamber of Commerce President/CEO Patrick Chapin and community leaders as they launch Feed the Need Winter Park, a community-wide effort to raise funds for Second Harvest Food Bank of Central Florida. For more information regarding this free event please call 407-644-8281 or visit www. feedtheneedwp.org.

November 7 Edibles in the Landscape – Tour and demo at the gardens of Hortus Oasis by Stephen and Kristin Pategas. Noon to 1:00 (bring lunch!) Cost is \$5 per session and to register please visit www.wppl.org or call 407-623-3279.

November 8 – 10 12th Annual Concours D'Elegance – For information on the ticketed Aeroport Reception, or the free car show on Sunday, November 10th along Park Avenue, please visit http://www.winterparkconcours.com.